

# **ΧΜΘ + ΑΚΘ στον καρκίνο του μαστού**



**ΖΑΓΟΥΡΗ ΦΛΩΡΑ, ΜΔ, ΡΗΔ,  
ΠΑΘΟΛΟΓΟΣ ΟΓΚΟΛΟΓΟΣ,  
ΠΑΝΕΠΙΣΤΗΜΙΑΚΟΣ ΥΠΟΤΡΟΦΟΣ ΕΚΠΑ**



## Ενδείξεις χορήγησης/ Είδος

✓ΧΜΘ

✓ΟΡΜ

✓Βιολογική θεραπεία

## Παράγοντες που συνεκτιμώνται

- Βιολογικά χαρακτηριστικά του όγκου
- Στάδιο της νόσου
- Συνοδά νοσήματα
- Ηλικία, ειδικές κατηγορίες (π.χ. κύηση)
- Βούληση της ασθενούς

# 1. Ενδείξεις Επικουρικής ΧΜΘ



## NCCN guidelines

- T >1 cm
- Grade 3
- N +
- ER –
- C-erbB2 (+)

NCCN Clinical Practice Guidelines in Oncology.  
Breast Cancer. Version 3.2013. Available at  
[www.nccn.com](http://www.nccn.com)

## ESMO guidelines

Clinicopathological features	Relative indications for chemoendocrine therapy	Factors not useful for decision	Relative indications for endocrine therapy alone
ER and PgR	Lower ER and PgR level		Higher ER and PgR level
Histological grade	Grade 3	Grade 2	Grade 1
Proliferation*	High (ki-67 >30%)	Intermediate	Low (ki-67 <15%)
Nodes	≥4 involved nodes	1–3 involved nodes	Node negative
PVI	extensive PVI		No extensive PVI
pT size	>5 cm	2.1–5 cm	≤2 cm
Patient preference	Use all available treatments		Avoid chemotherapy-related side effects
Multigene assays Gene signature	High score	Cardos et al. Ann Oncol 2012;23:vii11-9. Ferri et al. Ann Oncol 2012;23:vii11-9.	score

# Γονιδιακές Υπογραφές



Annals of Oncology 24: 647–654, 2013  
doi:10.1093/annonc/mds645  
Published online 20 January 2013

- Oncotype Dx™
- MammaPrint®)
- Genomic Grade Index
- PAM50 (ROR-S)
- Breast Cancer Index
- EndoPredict

## EGAPP κριτήρια

### Utility of prognostic genomic tests in breast cancer practice: The IMPAKT 2012 Working Group Consensus Statement<sup>†</sup>

H. A. Azim Jr<sup>1</sup>, S. Michiels<sup>1</sup>, F. Zagouri<sup>2</sup>, S. Delaloge<sup>3</sup>, M. Filipits<sup>4</sup>, M. Namer<sup>5</sup>, P. Neven<sup>6</sup>, W. F. Symmans<sup>7</sup>, A. Thompson<sup>8</sup>, F. André<sup>3\*</sup>, S. Loi<sup>1\*</sup> & C. Swanton<sup>9,10</sup>

<sup>1</sup>Breast Cancer Translational Research Laboratory (BCTL), J.C. Heuson, Institut Jules Bordet, Université Libre de Bruxelles, Brussels, Belgium; <sup>2</sup>Department of Medicine, Comprehensive Cancer Center Vienna, Medical University of Vienna, Vienna, Austria; <sup>3</sup>Department of Medical Oncology, Institut Gustave Roussy, Villejuif, France;

<sup>4</sup>Department of Experimental Oncology, Comprehensive Cancer Center Vienna, Medical University of Vienna, Vienna, Austria; <sup>5</sup>Polyclinique Saint George, Nice, France;

<sup>6</sup>Department of Obstetrics and Gynecology, Catholic University of Leuven, Leuven, Belgium; <sup>7</sup>Department of Pathology, MD Anderson Cancer Center, University of Texas, Houston, TX, USA; <sup>8</sup>Department of Surgery and Molecular Oncology, Dundee Cancer Centre, University of Dundee, Dundee; <sup>9</sup>Translational Cancer Therapeutics Laboratory, London Research Institute, London; <sup>10</sup>UCL Cancer Institute and UCL Hospitals Macmillan Cancer Centre, Huntley Street, London WC1E 6DD, UK

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**Background:** We critically evaluated the available evidence on genomic tests in breast cancer to define their prognostic ability and likelihood to determine treatment benefit.

**Design:** Independent evaluation of six genomic tests [Oncotype Dx™, MammaPrint®, Genomic Grade Index, PAM50 (ROR-S), Breast Cancer Index, and EndoPredict] was carried out by a panel of experts in three parameters: analytical validity, clinical validity, and clinical utility based on the principles of the EGAPP criteria.

**Panel statements:** The majority of the working group members found the available evidence on the analytical and clinical validity of Oncotype Dx™ and MammaPrint® to be convincing. None of the genomic tests demonstrated robust evidence of clinical utility: it was not clear from the current evidence that modifying treatment decisions based on the results of a given genomic test could result in improving clinical outcome.

**Conclusions:** The IMPAKT 2012 Working Group proposed the following recommendations: (i) a need to develop models that integrate clinicopathologic factors along with genomic tests; (ii) demonstration of clinical utility should be made in the context of a prospective randomized trial; and (iii) the creation of registries for patients who are subjected to genomic testing in the daily practice.

**Key words:** breast cancer, genomic signatures, prediction, prognosis

# Είδος επικουρικής ΧΜΘ

➤Ανθρακυκλίνες

➤Ταξάνες

➤Ανθρακυκλίνες +  
Ταξάνες

➤CMF



- Η χρήση ΧΜΘ σχημάτων βασισμένων στις ανθρακυκλίνες συστήνεται για τις περισσότερες ασθενείς & ειδικά για τις ασθενείς με HER2 + νόσο.
- Οι ταξάνες φαίνεται ότι είναι ιδιαίτερα αποτελεσματικές σε ασθενείς με ER-αρνητική ή HER2-θετική νόσο .
- Ο συνδυασμός CMF πρέπει να χορηγείται σε ασθενείς χαμηλού κινδύνου για υποτροπή. Οι βασιζόμενοι σε ανθρακυκλίνη συνδυασμοί γενικά υπερτερούν του CMF.
- Η χορήγηση εντατικοποιημένων ΧΜΘ σχημάτων (+ G-CSF) είναι υπέρτερη των συμβατικών σχημάτων.

Aebi S, et al. Ann Oncol 2011; (Suppl 6):12-24.  
NCCN Clinical Practice Guidelines in Oncology. Breast Cancer.  
Version 3.2013. Available at [www.nccn.com](http://www.nccn.com)

# EFFECTS OF CHEMOTHERAPY AND HORMONAL THERAPY FOR EARLY BREAST CANCER ON RECURRENCE AND 15-YEAR SURVIVAL: AN OVERVIEW OF THE RANDOMISED TRIALS

*Early Breast Cancer Trialists' Collaborative Group (EBCTCG)*

*Lancet 365:1687-1717, 2005*

- Τα αποτελέσματα της μελέτης προήλθαν από τη μετα-ανάλυση 194 τυχαιοποιημένων μελετών συμπληρωματικής αγωγής (14.000 ασθενείς)
- Η ΧΜΘ με ανθρακυκλίνη (FAC ή FEC) για περίπου 6 μήνες ελάττωσε τη θνητότητα στα 15 έτη κατά 38% σε ασθενείς <50 ετών και κατά 20% σε γυναίκες >50 ετών.
- Το όφελος ήταν ανεξάρτητο από την έκφραση HR, των υπολοίπων χαρακτηριστικών του όγκου και από τη χορήγηση ή όχι ταμοξιφένης.
- Τα βασιζόμενα σε ανθρακυκλίνες σχήματα ήταν σημαντικά υπέρτερα του CMF τόσο στη μείωση των υποτροπών ( $2p=0.0001$ ) όσο και στη μείωση της θνησιμότητας ( $2p<0.00001$ ).

# Intergroup Study 0102

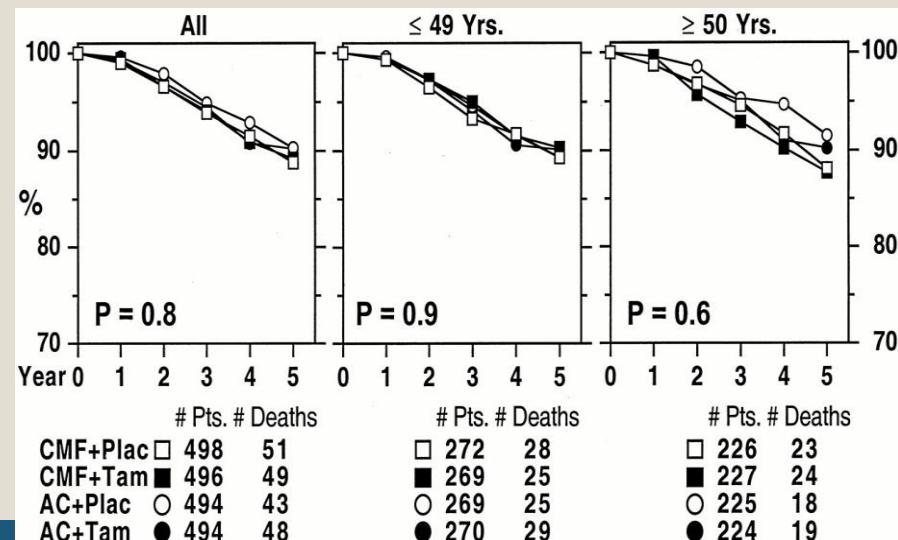
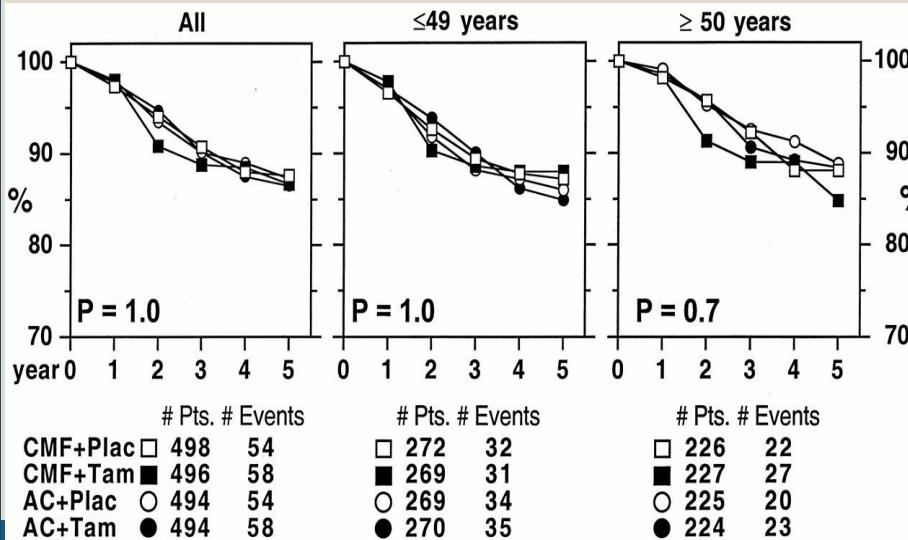
*Hutchins L et al. Proc Am Soc Clin Oncol 17a: 1a, 1998*

- Μελετήθηκαν 2.631 ασθενείς με N- νόσο, στις οποίες χορηγήθηκαν είτε 6 κύκλοι CAF είτε 6 κύκλοι CMF.
- Το CAF ήταν οριακά υπέρτερο του CMF ως προς τη συνολική επιβίωση και το DFS.
- Το CAF ήταν περισσότερο τοξικό.

# NSABP B-23

Fisher B et al. J Clin Oncol 19: 931-942, 2001

- Μελετήθηκαν 2008 ασθενείς με N- νόσο και HR-
- Στόχοι της μελέτης ήταν (α) να συγκριθεί ο συνδυασμός δοξορουμπικίνης και κυκλο-φωσφαμίδης (AC) με το συνδυασμό CMF και (β) να εξετασθεί η δράση της ταμοξιφένης, όταν συγχορηγείται με ΧΜΘ.
- Δεν διαπιστώθηκαν διαφορές ως προς τη συνολική επιβίωση και το DFS στην 5ετία.



# Ο ρόλος των ταξινών (Δεκαετία '90)

A

## CALGB 9344<sup>59</sup>

Cyclophosphamide 600 mg/m<sup>2</sup>  
Doxorubicin 60 mg/m<sup>2</sup>  
(4 cycles, q21 days)

Cyclophosphamide 600 mg/m<sup>2</sup>  
Doxorubicin 75 mg/m<sup>2</sup>  
(4 cycles, q21 days)

Cyclophosphamide 600 mg/m<sup>2</sup>  
Doxorubicin 90 mg/m<sup>2</sup>  
(4 cycles, q21 days)

R  
A  
N  
D  
O  
M  
I  
Z  
A  
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I  
O  
N

Observation  
Paclitaxel 175 mg/m<sup>2</sup>  
(4 cycles, q21 days)

Observation  
Paclitaxel 175 mg/m<sup>2</sup>  
(4 cycles, q21 days)

Observation  
Paclitaxel 175 mg/m<sup>2</sup>  
(4 cycles, q21 days)

B

## NSABP B-28<sup>60</sup>

Cyclophosphamide 600 mg/m<sup>2</sup>  
Doxorubicin 60 mg/m<sup>2</sup>  
(4 cycles, q21 days)

Cyclophosphamide 600 mg/m<sup>2</sup>  
Doxorubicin 60 mg/m<sup>2</sup>  
(4 cycles, q21 days)

R  
A  
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O  
N

Observation

Paclitaxel 175 mg/m<sup>2</sup>  
(4 cycles, q21 days)

C

## MDACC 94-002<sup>61</sup>

Paclitaxel 225 mg/m<sup>2</sup> IV by 24-hr CI  
(4 cycles, q21 days)

Fluorouracil 500 mg/m<sup>2</sup> days 1+4  
Doxorubicin 50 mg/m<sup>2</sup> 72-hr CI  
Cyclophosphamide 500 mg/m<sup>2</sup> day 1  
(8 cycles, q21 days)

The first 4 cycles of chemotherapy were given preoperatively to patients who presented before surgical treatment.

D

## BCIRG001<sup>62,63</sup>

Fluorouracil 500 mg/m<sup>2</sup> day 1  
Doxorubicin 50 mg/m<sup>2</sup> day 1  
Cyclophosphamide 500 mg/m<sup>2</sup> day 1  
(6 cycles, q21 days)

Docetaxel 75 mg/m<sup>2</sup> day 1  
Doxorubicin 50 mg/m<sup>2</sup> day 1  
Cyclophosphamide 500 mg/m<sup>2</sup> day 1  
(6 cycles, q21 days)

R  
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N

# Η ωφέλεια από τις ταξάνες

- CALGB 9344: DFS, OS
- NSABP B-28: DFS, OS
- MD Anderson: DFS, OS
- BCIRG 001: DFS, OS
- PACS 01: DFS, OS
- NSABP B-27: DFS, OS
- ECOG 2197: DFS, OS
- INT 1199: DFS, OS

## ΜΕΤΑ-ΑΝΑΛΥΣΗ:

13 μελέτες (22.903 ασθενείς) απόλυτο όφελος 5ετία (DFS: 5%, OS: 3%)

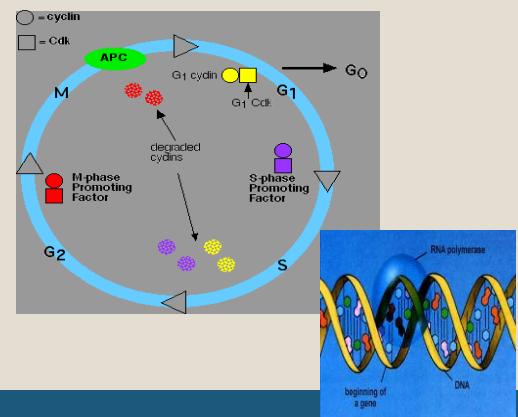
# Συχνότερα χημειοθεραπευτικά σχήματα (που δεν περιλαμβάνουν τη χρήση Herceptin)



Προτεινόμενα ΧΜΘ σχήματα σε HER2 – αρνητική νόσο [II, A]		
ΧΜΘ	Δόση	Κύκλοι
TAC	Docetaxel 75 mg/m <sup>2</sup> iv ημέρα 1 Doxorubicin 50 mg/m <sup>2</sup> iv ημέρα 1 Cyclophosphamide 500 mg/m <sup>2</sup> iv ημέρα 1	21 μέρες x 6 κύκλοι
Dose dense AC → paclitaxel κάθε 2 εβδομάδες	Doxorubicin 60 mg/m <sup>2</sup> i.v. ημέρα 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv ημέρα 1 ↓ Paclitaxel 175 mg/m <sup>2</sup> iv ημέρα 1	14 μέρες x 4 κύκλοι ↓ 14 μέρες x 4 κύκλοι
AC → paclitaxel εβδομαδιαία	Doxorubicin 60 mg/m <sup>2</sup> iv ημέρα 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv ημέρα 1 ↓ Paclitaxel 80 mg/m <sup>2</sup> iv ημέρα 1	21 μέρες x 4 κύκλοι ↓ Εβδομαδιαία για 12 εβδ
TC	Docetaxel 75 mg/m <sup>2</sup> iv ημέρα 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv ημέρα 1	21 μέρες x 4 κύκλοι
AC	Doxorubicin 60 mg/m <sup>2</sup> iv day 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv ημέρα 1	21 μέρες x 4 κύκλοι

Άλλα ΧΜΘ σχήματα σε HER2 – αρνητική νόσο [II, B]		
ΧΜΘ σχήμα	Δόσεις	Κύκλοι
FAC	Cyclophosphamide 500 mg/m <sup>2</sup> iv day 1 Doxorubicin 50 mg/m <sup>2</sup> iv day 1 5-Fluorouracil 500 mg/m <sup>2</sup> iv day 1 & 8	21 days x 6 cycles
CAF	Cyclophosphamide 100 mg/m <sup>2</sup> iv day 1 Doxorubicin 30 mg/m <sup>2</sup> iv day 1 & 8 5-Fluorouracil 500 mg/m <sup>2</sup> iv day 1 & 8	28 days x 6 cycles
FEC / CEF	5-Fluorouracil 500 mg/m <sup>2</sup> iv day 1 & 8 Epirubicin 60 mg/m <sup>2</sup> iv day 1 & 8 Cyclophosphamide 75 mg/m <sup>2</sup> per os day 1-14	28 days x 6 cycles
CMF	Cyclophosphamide 100 mg/m <sup>2</sup> per os day 1-14 Methotrexate 40 mg/m <sup>2</sup> iv day 1 & 8 5-Fluorouracil 600 mg/m <sup>2</sup> iv day 1 & 8	28 days x 6 cycles
AC → docetaxel	Doxorubicin 60 mg/m <sup>2</sup> iv day 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv day 1 ↓ Docetaxel 100 mg/m <sup>2</sup> iv day 1	21 days x 4 cycles ↓ 21 days x 4 cycles

Άλλα ΧΜΘ σχήματα σε HER2 – αρνητική νόσο [II, B]		
ΧΜΘ	Δόσεις	Κύκλοι
EC	Epirubicin 100 mg/m <sup>2</sup> iv day 1 Cyclophosphamide 830 mg/m <sup>2</sup> iv day 1	21 days x 8 cycles
Doxorubicin → paclitaxel → cyclophosphamide	Doxorubicin 60 mg/m <sup>2</sup> iv day 1 ↓ Paclitaxel 175 mg/m <sup>2</sup> iv day 1 ↓ Cyclophosphamide 600 mg/m <sup>2</sup> iv day 1 With filgastrim support	14 days x 4 cycles ↓ 14 days x 4 cycles ↓ 14 days x 4 cycles
FEC → docetaxel	5-Fluorouracil 500 mg/m <sup>2</sup> iv day 1 Epirubicin 100 mg/m <sup>2</sup> iv day 1 Cyclophosphamide 500 mg/m <sup>2</sup> iv day 1 ↓ Docetaxel 100 mg/m <sup>2</sup> iv day 1	21 days x 3 cycles ↓ 21 days x 3 cycles
FEC → paclitaxel weekly	5-Fluorouracil 600 mg/m <sup>2</sup> iv day 1 Epirubicin 90 mg/m <sup>2</sup> iv day 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv day 1 ↓ Paclitaxel 100 mg/m <sup>2</sup> iv day 1	21 days x 4 cycles ↓ Weekly x 8 cycles



# Συχνότερα χημειοθεραπευτικά σχήματα (που περιλαμβάνουν τη χρήση Herceptin)

Προτεινόμενα ΧΜΘ σχήματα σε HER2 – θετική νόσο [II, A]	Δόσεις	Κύκλοι
ΧΜΘ		
AC → paclitaxel + trastuzumab	Doxorubicin 60 mg/m <sup>2</sup> iv day 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv day 1 ↓ Paclitaxel 80 mg/m <sup>2</sup> iv day 1 Trastuzumab 4 mg/kg iv with first dose of paclitaxel ↓ Trastuzumab 2 mg/kg iv (as an alternative, trastuzumab 6 mg/kg every 3 weeks)	21 days x 4 cycles ↓ Weekly x 12 cycles ↓ Weekly to complete 1 year
Dose dense AC → paclitaxel + trastuzumab	Doxorubicin 60 mg/m <sup>2</sup> iv day 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv day 1 ↓ Paclitaxel 175 mg/m <sup>2</sup> iv day 1 Trastuzumab 4 mg/kg iv with first dose of paclitaxel ↓ Trastuzumab 2 mg/kg iv (as an alternative, trastuzumab 6 mg/kg every 3 weeks)	14 days x 4 cycles ↓ 14 days x 4 cycles ↓ Weekly to complete 1 year



Προτεινόμενα ΧΜΘ σχήματα σε HER2 – θετική νόσο [II, A] (συνέχεια)		
Regimens	Doses	Schedule
TCH	Docetaxel 75 mg/m <sup>2</sup> iv day 1 Carboplatin 6AUC iv day 1 Trastuzumab 4 mg/kg iv day 1 (loading dose), afterwards 2 mg/kg iv ↓ Trastuzumab 6 mg/kg iv	21 days x 6 cycles Every 7 days and at the end of chemo for 1 year every 21 days.

Άλλα ΧΜΘ σχήματα σε HER2 θετική νόσο [II, B]		
ΧΜΘ	Δόσεις	Κύκλοι
Docetaxel + trastuzumab → FEC	Docetaxel 100 mg/m <sup>2</sup> iv day 1 Trastuzumab 4 mg/kg iv (with first dose of docetaxel) ↓ Trastuzumab 2 mg/kg iv ↓ 5-Fluorouracil 600 mg/m <sup>2</sup> iv day 1 Epirubicin 60 mg/m <sup>2</sup> iv day 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv day 1	21 days x 4 cycles ↓ Weekly to complete 9 weeks ↓ 21 days x 3 cycles
AC → Docetaxel + trastuzumab	Doxorubicin 60 mg/m <sup>2</sup> iv day 1 Cyclophosphamide 600 mg/m <sup>2</sup> iv day 1 ↓ Docetaxel 100 mg/m <sup>2</sup> iv day 1 Trastuzumab 4 mg/kg iv week 1 ↓ Trastuzumab 2 mg/kg iv ↓ Trastuzumab 6 mg/kg iv	21 days x 4 cycles ↓ 21 days x 4 cycles Week 1 ↓ Weekly for 11 weeks ↓ Every 21 days to complete 1 year

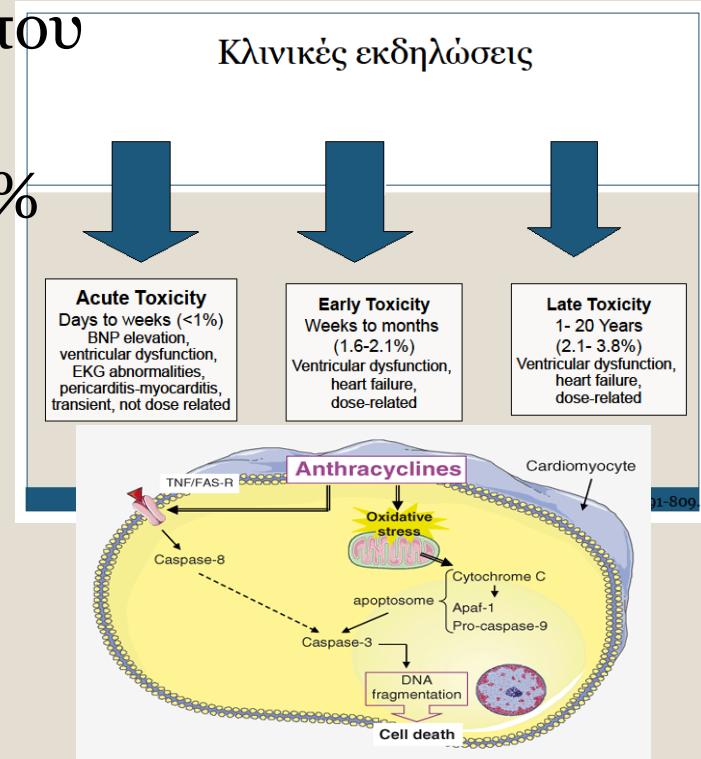
# Συνοδά νοσήματα (1)



- **Καρδιοτοξικότητα από ανθρακυκλίνες**

- ✓ Αναδρομική μελέτη: 3941 ασθενείς που έλαβαν δοξορουβικίνη
- ✓ Συνολική επίπτωση heart failure 2.2%
- ✓ ισχυρά δοσοεξαρτώμενη

Cumulative Dose	Heart Failure
<400 mg/m <sup>2</sup>	0.14%
~400 mg/m <sup>2</sup>	3%
~550 mg/m <sup>2</sup>	7%
~700 mg/m <sup>2</sup>	18%



Shevchuk OO, et al. Exp Oncol 2012;34:314-22.  
 Volkova M, Russell R 3rd. Curr Cardiol Rev 2011;7:214-20.  
 Petrelli F, et al. Breast Cancer Res Treat 2012;135:335-46.  
 Octavia Y, et al. J Mol Cell Cardiol 2012;52:1213-25.

## Συνοδά νοσήματα (2)



- Ψυχιατρικά νοσήματα → αποφυγή χορήγησης ταξανών (λόγω συγχορήγησης κορτιζόνης)
- Νευροπάθεια → αποφυγή χορήγησης ταξανών
- Διαταραχή ηπατικής βιοχημίας → τροποποίηση δόσης
- Διαταραχή νεφρικής λειτουργίας → τροποποίηση δόσης
- Λήψη αντιπηκτικής αγωγής → τροποποίηση δόσης
- Συνοδά νοσήματα με ↓ προσδόκιμο ζωής

Kintzel et al, Cancer Treat Rev 1995;21:33-64

Gelman et al, J Clin Oncol 1984;2:1406-14

Hurria et al, Cancer Control 2007;14:32-43

## Γηριατρικές κλίμακες

- Comprehensive geriatric assessment
- Activities of daily living
- Instrumental activities of daily living
- VES-13

(Λειτουργική κατάσταση, συνοδά νοσήματα, γνωστική κατάσταση, συναισθηματική κατάσταση, γηριατρικά σύνδρομα, διατροφική κατάσταση, πολυφαρμακία, κοινωνικοί παράγοντες)

## Ειδικές ομάδες- Ηλικιωμένοι ασθενείς

- Μετά την ηλικία των 70 ετών πρέπει να καθορίζεται η βιολογική ηλικία με γηριατρικές κλίμακες.
- Old and fit → ίδια ΧΜΘ
- Frail → καθόλου ΧΜΘ
- Vulnerable → τροποποίηση δόσης ΧΜΘ



# Ειδικές ομάδες- Κύηση



Fighting  
for Two

WHEN PREGNANCY  
AND CANCER COLLIDE



- Ανθρακυκλίνες → standard of care
- CMF → όχι
- Ταξάνες → ναι (πρόσφατα)
- trastuzumab → μετά τον τοκετό

## Review

### Taxanes for Breast Cancer During Pregnancy: A Systematic Review

Flora Zagouri,<sup>1</sup> Theodoros N. Sergentanis,<sup>2</sup> Dimosthenis Chrysikos,<sup>2</sup>  
Constantine Dimitrakakis,<sup>3</sup> Alexandra Tsigginou,<sup>3</sup> Constantine G. Zografos,<sup>2</sup>  
Meletios-Athanassios Dimopoulos,<sup>1</sup> Christos A. Papadimitriou<sup>1</sup>

Clinical Breast Cancer, Vol. 13, No. 1, 16-23 © 2013 Elsevier Inc. All rights reserved.

Keywords: Breast cancer, Docetaxel, Paclitaxel, Pregnancy, Taxanes

Breast Cancer Res Treat (2013) 137:349–357  
DOI 10.1007/s10549-012-2368-y

REVIEW

### Trastuzumab administration during pregnancy: a systematic review and meta-analysis

Flora Zagouri · Theodoros N. Sergentanis ·  
Dimosthenis Chrysikos · Christos A. Papadimitriou ·  
Meletios-Athanassios Dimopoulos · Rupert Bartsch

- Zagouri F, et al. Breast Cancer Res Treat 2013;137:349-57.  
Zagouri F, et al. Oncology 2012;83:234-8.  
Zagouri F, et al. Clin Breast Cancer 2013;13:16-23.  
Zagouri F, et al. J Thorac Dis 2013;5:S62-7.  
Zagouri F, et al. Obstet Gynecol 2013;121:337-43.

# Ενημέρωση ασθενούς- Βούληση ασθενούς



- **Απώλεια μαλλιών/ τοξικότητα**

Makubate B, et al. Br J Cancer 2013;108:1515-24.

Font R, et al. Br J Cancer 2012;107:1249-56.

Huiart L, Ferdynus C, Giorgi R. Breast Cancer Res Treat 2013;138:325-8.

- **Μελλοντική κύηση: διατήρηση ωοθηκικής λειτουργίας**

Zagouri F, et al. Obstet Gynecol 2013;121:1235-40.

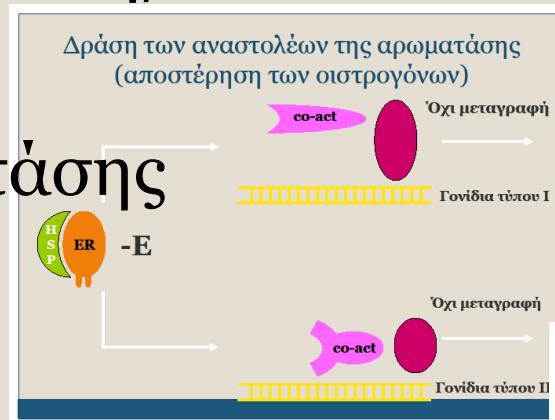
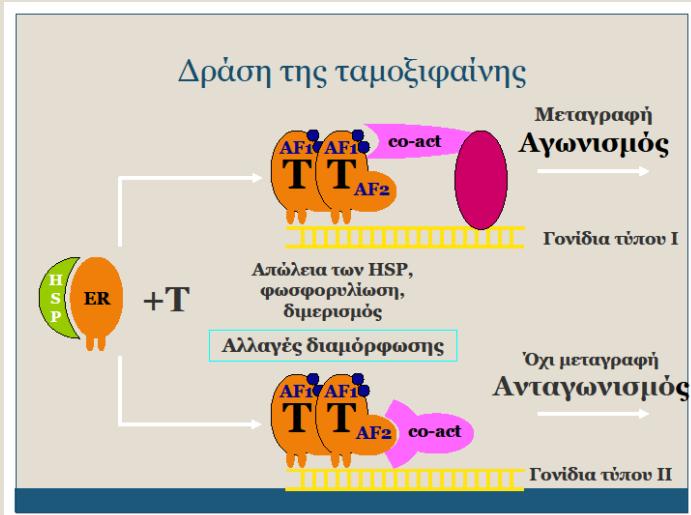
- **Κίνδυνος / οφέλος από λήψη επικουρικής θεραπείας**

Barcenas CH, et al. Oncologist 2012;17:303-11

Sedjo RL, Devine S. Breast Cancer Res Treat 2011;125:191-200.

## 2. Ενδείξεις χορήγησης επικουρικής OPM

- >1% IHC έκφραση ER ή/και PR
- ✓ Ταμοξιφαίνη
- ✓ Αναστολείς αρωματάσης



Aebi S, et al. Ann Oncol 2011; (Suppl 6):12-24.  
NCCN Clinical Practice Guidelines in Oncology. Breast Cancer.  
Version 3.2013. Available at [www.nccn.com](http://www.nccn.com)

# Είδος επικουρικής ΟΡΜ

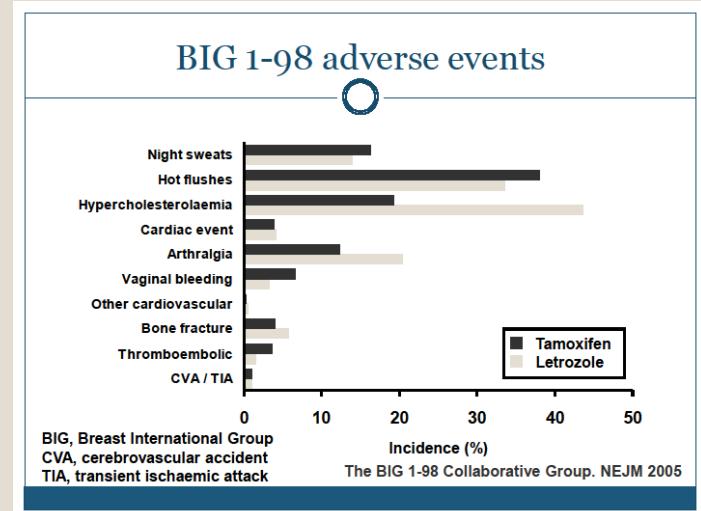
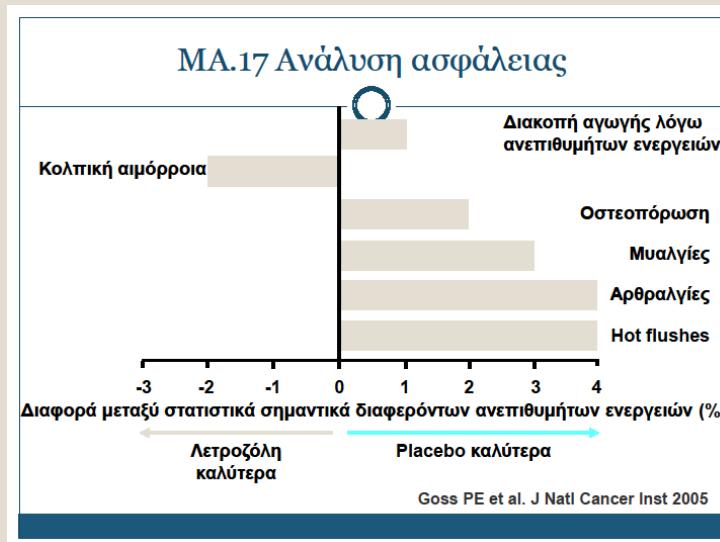


- Προεμμηνοπαυσιακές ασθενείς →
  - Ταμοξιφαίνη για 10 έτη (LOE I)
  - διακοπή έμμηνου ρύσεως για 2-3 έτη (γοσερελίνη, τριπτορελίνη, λευπρορελίνη) (LOE III)
- Μετεμμηνοπαυσιακές ασθενείς → αναστολείς αρωματάσης για 5 έτη  $\pm$  5 έτη ΟΡΜ (LOE IIIB)
  - Αναστραζόλη
  - Λετροζόλη
  - Εξεμεστάνη

Aebi S, et al. Ann Oncol 2011; (Suppl 6):12-24.  
NCCN Clinical Practice Guidelines in Oncology. Breast Cancer.  
Version 3.2013. Available at [www.nccn.com](http://www.nccn.com)

# Συνοδά νοσήματα

- Οστεοπόρωση
- Αρθραλγίες
- Θρομβοεμβολικά συμβάματα



**IES Ανεπιθύμητες ενέργειες**

	Επίπτωση οποιουδήποτε βαθμού (%)	
	Εξεμεστάνη	Ταμοδιφένη
Οππικές διαταραχές	7.4	5.7
Οστεοπόρωση	7.4	5.7
Αρθραλγίες	5.4	3.6
Διάρροιες	4.3	2.3
Θρομβοεμβολική νόσος	1.3	2.4
Κράμπες	2.8	4.4
Κολπική αιμόρραια	4.0	5.5
Άλλα γυναικολογικά ενοχλήματα	5.8	9.0

IES, Intergroup Exemestane Study  
Coombes RC et al. N Engl J Med 2004

# Ειδικές ομάδες



- Ανδρικός Ca μαστού
- ✓ ταμοξιφαίνη: standard of care

[Br J Cancer](#). 2013 Jun 11;108(11):2259-63. doi: 10.1038/bjc.2013.255. Epub 2013 May 30.

**Aromatase inhibitors with or without gonadotropin-releasing hormone analogue in metastatic male breast cancer: a case series.**

Zagouri F, Sergentanis TN, Koutoulidis V, Sparber C, Steger GG, Dubsky P, Zografos GC, Psaltopoulou T, Gnant M, Dimopoulos MA, Bartsch R.

F. Zagouri<sup>1</sup>, T. N. Sergentanis<sup>2</sup>, D. Chrysikos<sup>2</sup>, E. Zografos<sup>2</sup>, M. Rudas<sup>1</sup>, G. Steger<sup>1</sup>, G. Zografos<sup>2</sup> & R. Bartsch<sup>1</sup>

## Fulvestrant and male breast cancer: a case series

Annals of Oncology

Volume 24 | No. 1 | January 2013

- Κύηση
- ✓ όχι ορμονοθεραπεία

## REVIEW ARTICLE

### Challenges in managing breast cancer during pregnancy

Flora Zagouri<sup>1,2</sup>, Theodora Psaltopoulou<sup>3</sup>, Constantine Dimitrakakis<sup>4</sup>, Rupert Bartsch<sup>2</sup>, Meletios-Athanassios Dimopoulos<sup>1</sup>

<sup>1</sup>Department of Clinical Therapeutics, Alexandra Hospital, Medical School, University of Athens, Athens, Greece; <sup>2</sup>Comprehensive Cancer Center Vienna, Department of Medicine I/Division of Oncology, Medical University of Vienna, Austria; <sup>3</sup>Department of Hygiene, Epidemiology and Medical Statistics, Medical School, University of Athens, Athens, Greece; <sup>4</sup>Department of Obstetrics and Gynaecology, Medical School, University of Athens, Athens, Greece

# Βούληση ασθενούς- συμμόρφωση με τη λήψη OPM



Breast Cancer Res Treat (2011) 125:191–200  
DOI 10.1007/s10549-010-0952-6

## EPIDEMIOLOGY

### Predictors of non-adherence to aromatase inhibitors among commercially insured women with breast cancer

Rebecca L. Sedjo · Scott Devine

**British Journal of Cancer (2008) 99,** 1763–1768  
© 2008 Cancer Research UK All rights reserved 0007–0920/08 \$32.00  
[www.bjcancer.com](http://www.bjcancer.com)



Cohort study examining tamoxifen adherence and its relationship to mortality in women with breast cancer

**C McCowan<sup>\*,1</sup>, J Shearer<sup>2</sup>, PT Donnan<sup>1</sup>, JA Dewar<sup>2</sup>, M Crilly<sup>3</sup>, AM Thompson<sup>4</sup> and TP Fahey<sup>1,5</sup>**

<sup>1</sup>Division of Community Health Sciences, University of Dundee, MacKenzie Building, Kirsty Semple Way, Dundee DD2 4BF, UK; <sup>2</sup>Department of Radiotherapy and Oncology, Ninewells Hospital and Medical School, Dundee DD1 9SY, UK; <sup>3</sup>Department of Public Health, University of Aberdeen, School of Medicine, Polwarth Building, Aberdeen AB25 2ZZ, UK; <sup>4</sup>Department of Surgery and Molecular Oncology, University of Dundee, Ninewells Hospital and Medical School, Dundee DD1 9SY, UK; <sup>5</sup>Department of General Practice, Royal College of Surgeons in Ireland, 120 St Stephens Green, Dublin 2, Ireland

Clinical Studies

# BJC

FULL PAPER

British Journal of Cancer (2013) 109, 1172–1180 | doi: 10.1038/bjc.2013.464

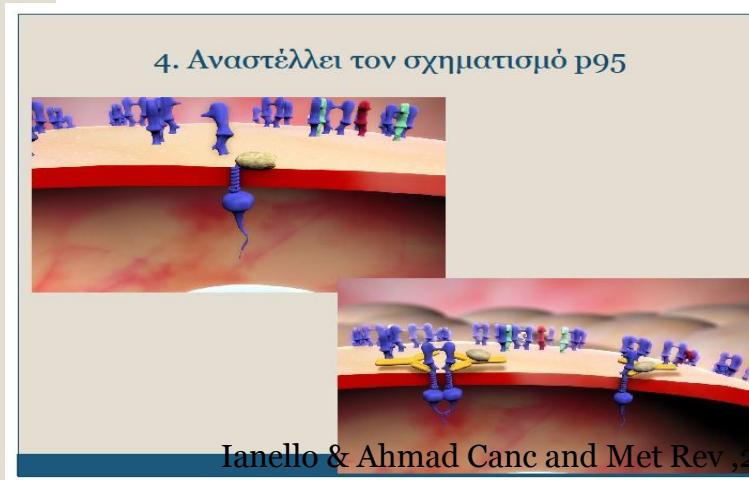
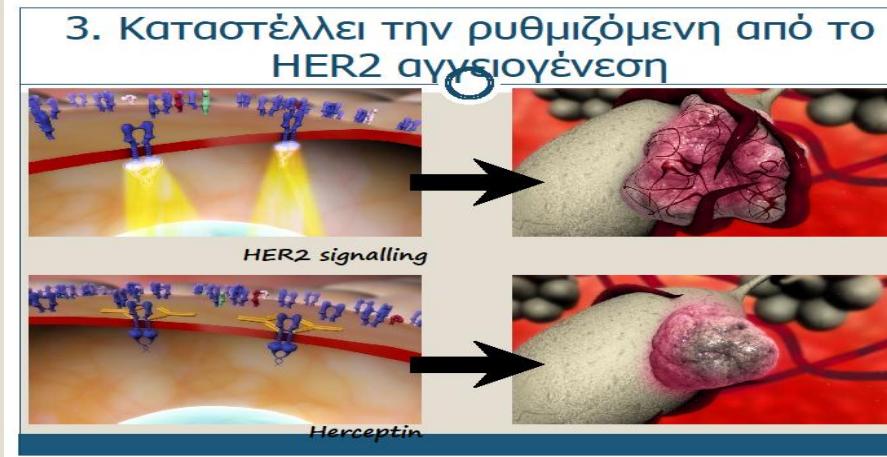
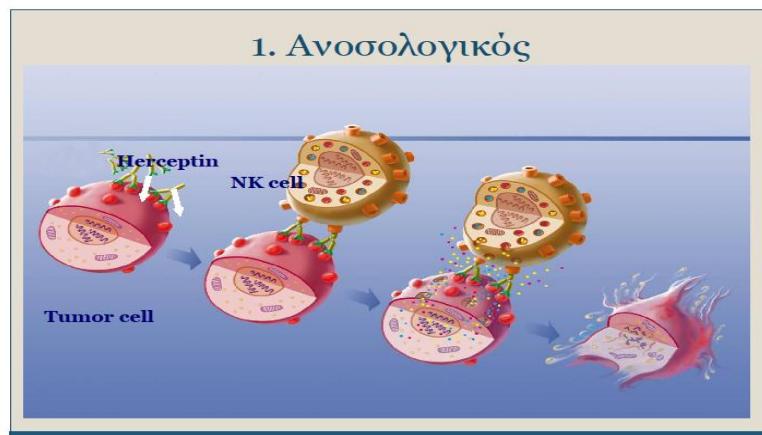
Keywords: tamoxifen; breast cancer; adherence; cost-effectiveness; QALYs

### The value of high adherence to tamoxifen in women with breast cancer: a community-based cohort study

C McCowan<sup>\*,1</sup>, S Wang<sup>2</sup>, A M Thompson<sup>3</sup>, B Makubate<sup>4</sup> and D J Petrie<sup>5</sup>

### 3. Ενδείξεις επικουρικής βιολογικής θεραπείας

- HER2 (+) → Trastuzumab



Clynes et al Nat Med 2000

Gennari et al, Clin Cancer Res 2004

Repka et al, Clin Cancer Res 2003

# Κατευθυντήριες οδηγίες στην επικουρική θεραπεία HER2 όγκων

## Trastuzumab recommended across international guidelines

	<b>Adjuvant therapy</b>	<b>Recommended patient groups</b>	<b>Administration with chemotherapy</b>
<b>St. Gallen<sup>1</sup></b>	<b>1 year of trastuzumab</b>	<ul style="list-style-type: none"><li>• HER2-positive tumours ≥1 cm</li><li>• HER2-positive node-negative tumours 0.5–1.0 cm (pT1b)</li><li>• Excludes: HER2-positive node-negative tumours 0.1–0.5 cm (pT1a)</li></ul>	<ul style="list-style-type: none"><li>• Preferred: concurrent use of trastuzumab with chemotherapy</li><li>• Acceptable: sequential use of trastuzumab with chemotherapy</li></ul>
<b>ESMO<sup>2</sup></b>	<b>1 year of trastuzumab</b>	<ul style="list-style-type: none"><li>• HER2-positive tumours ≥1 cm</li><li>• Use of trastuzumab should be discussed with patients with small node-negative HER2-positive breast cancers</li></ul>	<ul style="list-style-type: none"><li>• Trastuzumab may be started in parallel with a taxane</li><li>• Trastuzumab should not be given concurrently with an anthracycline outside the context of a clinical trial</li></ul>
<b>NCCN<sup>3</sup></b>	<b>1 year of trastuzumab</b>	<ul style="list-style-type: none"><li>• Category 1 recommendation: patients with HER2-positive tumours ≥1 cm</li><li>• Category 2A recommendation: patients with HER2-positive node-negative tumours 0.6–1.0 cm</li><li>• (HER2-positive node-negative pT1a or pT1b tumours: use of trastuzumab to be based on individual benefit:risk)</li></ul>	<ul style="list-style-type: none"><li>• Preferred: AC followed by concurrent administration of trastuzumab with taxane</li><li>• Preferred: TCH</li><li>• Acceptable: chemotherapy followed by trastuzumab sequentially</li></ul>

Goldhirsch A, et al. *Ann Oncol* 2011; 22:1736–1747.

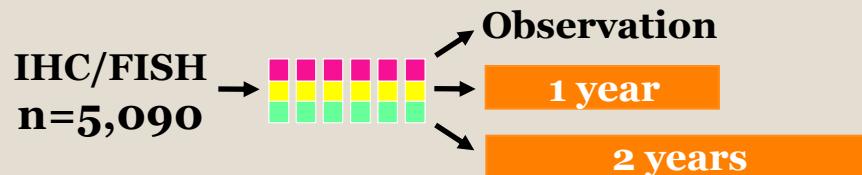
Aebi S, et al. *Ann Oncol* 2011; 22 (Suppl. 6):vi12–vi24.

NCCN Clinical Practice Guidelines in Oncology.

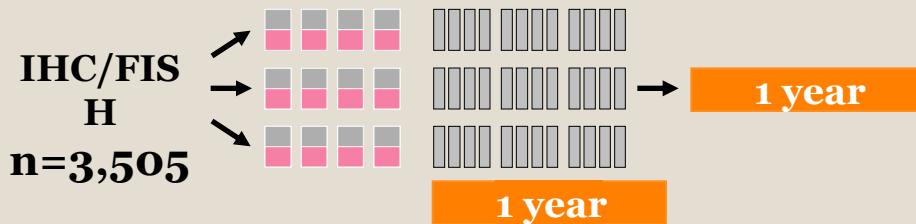
Breast Cancer. Version 3.2013. Available at: [www.nccn.org](http://www.nccn.org)

# Επικουρική θεραπεία με trastuzumab (>13,000 ασθενείς με 4 μεγάλες κλινικές μελέτες)

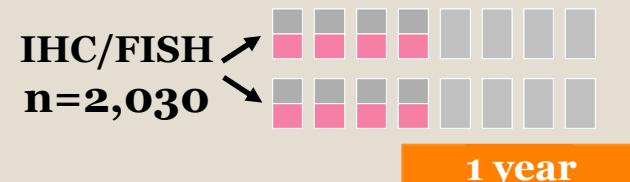
## HERA



## NCCTG N9831 (USA)



## NSABP B-31 (USA)



█ Standard CTx

█ Doxorubicin + cyclophosphamid e

█ Docetaxe l

█ Docetaxel + carboplatin █ Trastuzumah █ Paclitaxel

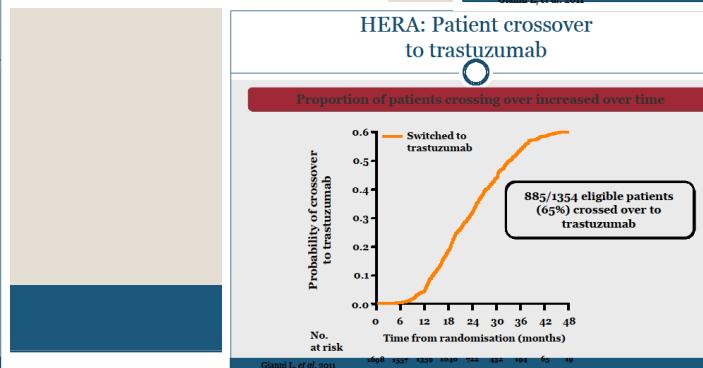
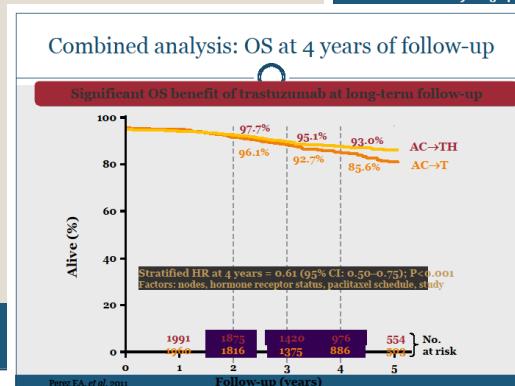
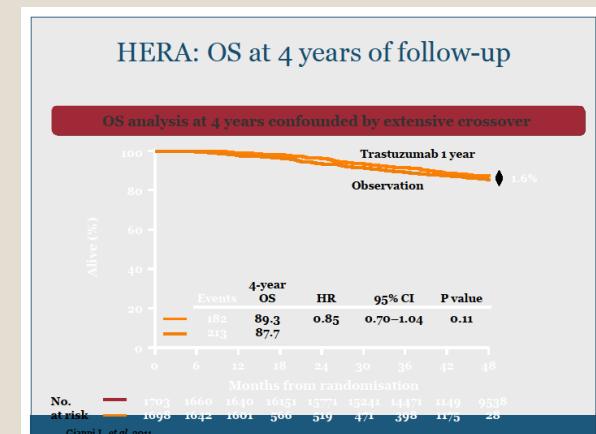
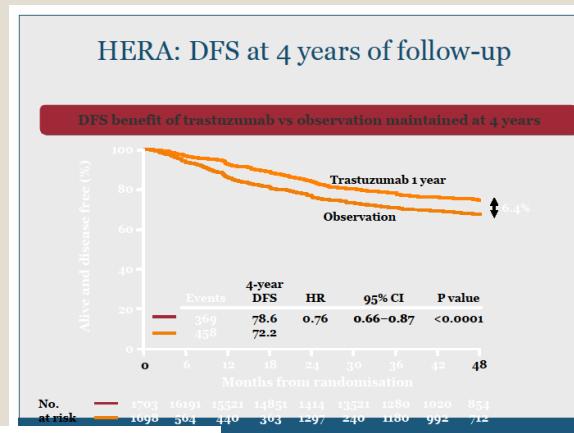
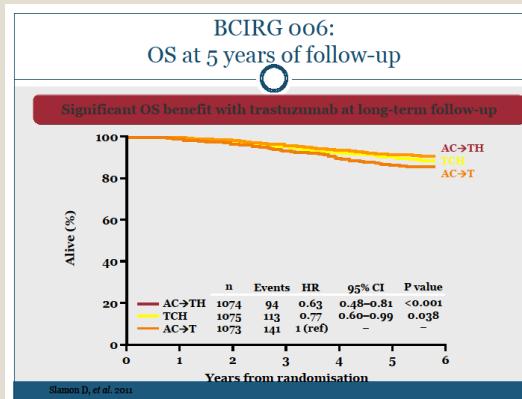
Piccart-Gebhart MJ et al. N Engl J Med 2005; 353: 1659-1672.

Romond EH et al. N Engl J Med 2005; 353: 1673-1684.

# Αποτελεσματικότητα trastuzumab



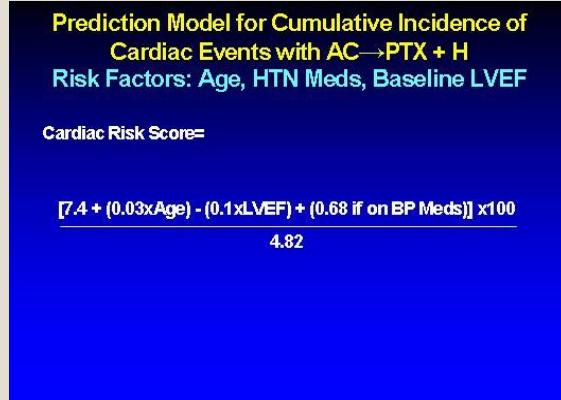
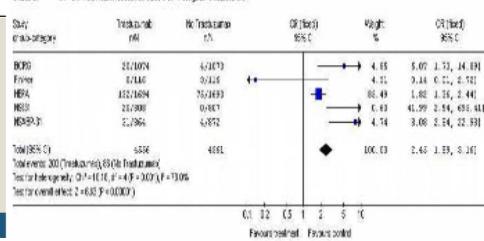
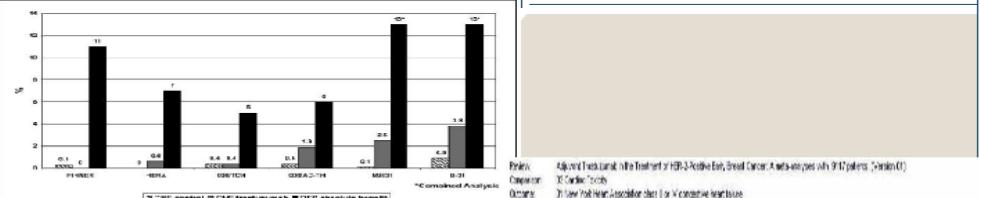
1. Μειώνει τον κίνδυνο τοπικής υποτροπής κατά 52%
2. Μειώνει τον κίνδυνο απομακρυσμένης μετάστασης κατά 53%
3. Στατιστικά σημαντική διαφορά στην 5ετή επιβίωση με όφελος 33%.



# Καρδιοτοξικότητα- trastuzumab



## Συχνότητα ΣΚΑ σε μελέτες με επικουρική χορήγηση trastuzumab



- Ηλικία  $\geq 60$  ετών
- Αρτηριακή υπέρταση
- Καρδιολογικά νοσήματα
- Performance Status
- Προηγούμενη θεραπεία με ανθρακυκλίνες
- Συνυπάρχουσα νοσηρότητα
- Baseline LVEF
- Γενετικοί Πολυμορφισμοί *HER2 [Ile655Val]*

Rastogi et al, ASCO 2007

Bird BR, Swain SM. Clin Cancer Res 2008;14:14-24.

# Επικουρική ΑΚΘ



## • ESMO

*radiation after mastectomy:* PMRT in node-positive patients reduces the local recurrence risk fourfold, which translates into 5% reduction in 15-year breast cancer mortality [48]. It is always recommended for patients with positive deep margins and four or more positive axillary nodes [I, A], and is indicated for patients with T3–T4 tumours independent of the nodal status [II, B]. The evidence supporting the use of PMRT for patients with one to three positive axillary lymph nodes is at least as strong as for patients with more involved lymph nodes, however less accepted [20, 49]. It should, however, be considered, especially in the presence of additional risk factors such as young age, vascular invasion and a low number of examined axillary lymph nodes. The value of PMRT in such patients is being investigated in clinical trials.

*regional irradiation:* Most older randomised trials have used large comprehensive locoregional RT encompassing the chest wall and all regional lymph nodes. Therefore, although clinically

Senkus E, et al. Ann Oncol 2013;24:vii7-23.

# Επικουρική ΑΚΘ



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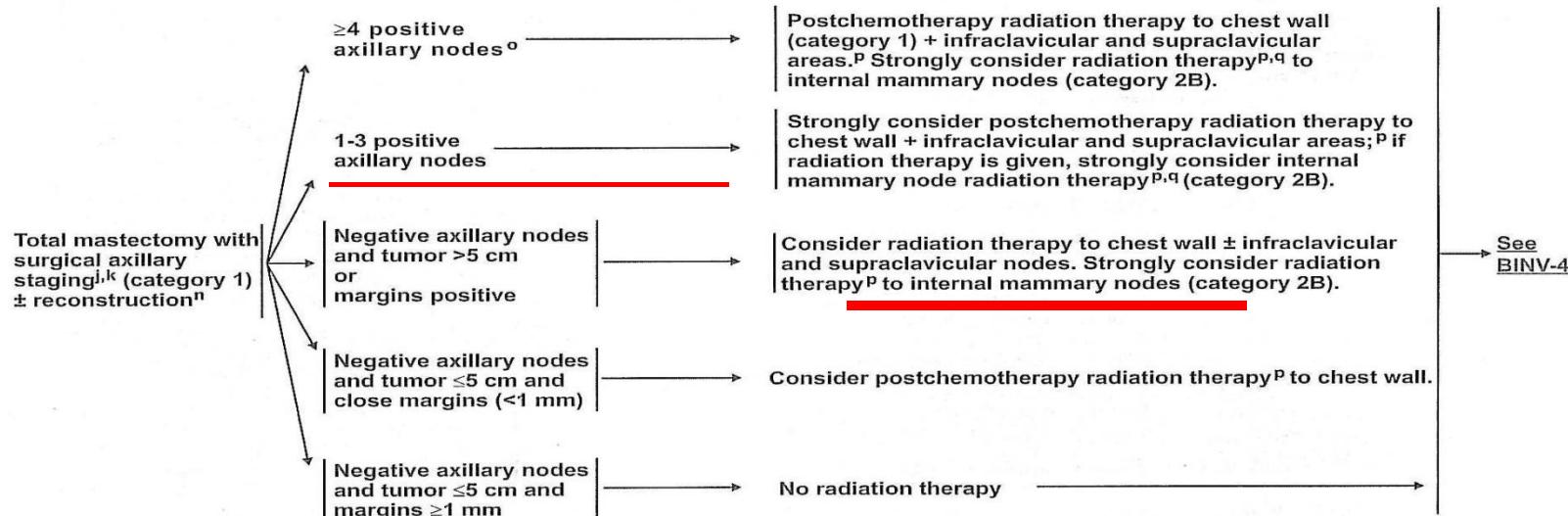


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## NCCN Guidelines Version 2.2014 Invasive Breast Cancer

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### LOCOREGIONAL TREATMENT OF CLINICAL STAGE I, IIA, OR IIB DISEASE OR T3, N1, M0



<sup>i</sup>See Surgical Axillary Staging (BINV-D).

<sup>k</sup>See Axillary Lymph Node Staging (BINV-E) and Margin Status in Infiltrating Carcinoma (BINV-F).

<sup>n</sup>See Principles of Breast Reconstruction Following Surgery (BINV-H).

<sup>o</sup>Consider imaging for systemic staging, including diagnostic CT or MRI, bone scan, and optional FDG PET/CT (category 2B) (See BINV-1).

<sup>p</sup>See Principles of Radiation Therapy (BINV-I).

<sup>q</sup>Radiation therapy should be given to the internal mammary lymph nodes that are clinically or pathologically positive, otherwise the treatment to the internal mammary nodes is at the discretion of the treating radiation oncologist. CT treatment planning should be utilized in all cases where radiation therapy is delivered to the internal mammary lymph nodes.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

# APBI (Accelerated partial breast irradiation)

## • ESMO

for APBI [46]. Nevertheless, APBI might be considered an acceptable treatment option in patients at least 50 years old with unicentric, unifocal, node-negative, non-lobular breast cancer up to 3 cm in size without the presence of an extensive intraductal component or lymphovascular invasion, and with negative margins of at least 2 mm [III, C] [47].

Senkus E, et al. Ann Oncol 2013;24:vii7-23.

## • NCCN

line Dimitrakakis on 3/31/2014 1:57:04 PM. For personal use only. Not approved for distribution. Copyright © 2014 National Comprehensive Cancer Network, Inc., All Rights Reserved.

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#### LES OF RADIATION THERAPY

breast Radiation:  
definition includes the majority of the breast tissue, and is  
e by both clinical assessment and CT-based treatment  
A uniform dose distribution and minimal normal tissue  
re the goals and can be accomplished using compensators  
wedges, forward planning using segments, intensity-  
ed radiation therapy (IMRT), respiratory gating, or prone  
ng. The breast should receive a dose of 45-50 Gy in 1.8-2 Gy  
on, or 42.5 Gy at 2.66 Gy per fraction. A boost to the tumor  
commended in patients at higher risk (age <50 and high-  
sease). This can be achieved with brachytherapy or electron  
photon fields. Typical doses are 10-16 Gy at 2 Gy/fx. All dose  
s are given 5 days per week.

all Radiation (including breast reconstruction):  
et includes the ipsilateral chest wall, mastectomy scar, and  
es where possible. Depending on whether the patient has  
constructed or not, several techniques using photons and/or  
s are appropriate. CT-based treatment planning is  
ed in order to identify lung and heart volumes, and minimize  
e of these organs. Special consideration should be given to  
f boli material when photon fields are used, to ensure the  
e is adequate.

Otherwise the treatment to the internal mammary nodes is at the discretion of the treating radiation oncologist. CT treatment planning should be utilized in all cases where radiation therapy is delivered to the internal mammary lymph node field.

Accelerated Partial Breast Irradiation (APBI):  
Preliminary studies of APBI suggest that rates of local control in selected patients with early-stage breast cancer may be comparable to those treated with standard whole breast RT. However, compared to standard whole breast radiation, several recent studies document an inferior cosmetic outcome with APBI. Follow-up is limited and studies are ongoing. Patients are encouraged to participate in clinical trials. If not trial eligible, per the consensus statement from the American Society for Radiation Oncology (ASTRO), patients who may be suitable for APBI are women 60 y and older who are not carriers of **BRCA 1/2 mutation treated with primary surgery** for a unifocal T1N0 ER-positive cancer. Histology should be infiltrating ductal or a favorable ductal subtype and not associated with **EIC or LCIS**, and margins should be negative. **Thirty-four Gy in 10 fractions delivered twice per day with brachytherapy or 38.5 Gy in 10 fractions delivered twice per day with external beam photon therapy** is prescribed to the



## Θεραπεία Μεταστατικής νόσου

- **luminal subtype**
- **HER2+**
- **TRIPLE NEGATIVE**

- Προτιμώνται οι θεραπευτικές επιλογές με τη μικρότερη τοξικότητα.
- Προτιμάται η μονοθεραπεία, εκτός από τις περιπτώσεις ύπαρξης απειλητικών για τη ζωή μεταστάσεων.
- Η ΧΜΘ 1<sup>ης</sup> γραμμής μπορεί να συνεχίζεται μέχρι την επίτευξη μεγίστης αποτελεσματικότητας, απαγορευτικής τοξικότητας ή προόδου νόσου.
- Οστικές μεταστάσεις: Χορήγηση ζολανδρενικού οξέος, ή denosumab. Μέχρι και μετά τα 2 έτη εφόσον το προσδόκιμο επιβίωσης είναι > 3 μήνες και δεν υπάρχει τοξικότητα.
  - Ενδείξεις διακοπής ΧΜΘ:
    - 1. Αποτυχία να επιτευχθεί ανταπόκριση του όγκου σε 3 συνεχόμενα ΧΜΘ σχήματα
    - 2. ECOG performance status ≤ 3.

# Luminal subtype



- a. Αναστολείς αρωματάσης
- b. ταμοξιφαίνη
- c. φουλβεστράνη
- d. mTOR αναστολείς



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FOLLOW-UP THERAPY FOR ENDOCRINE TREATMENT OF RECURRENT OR STAGE IV DISEASE



# Fulvestrant

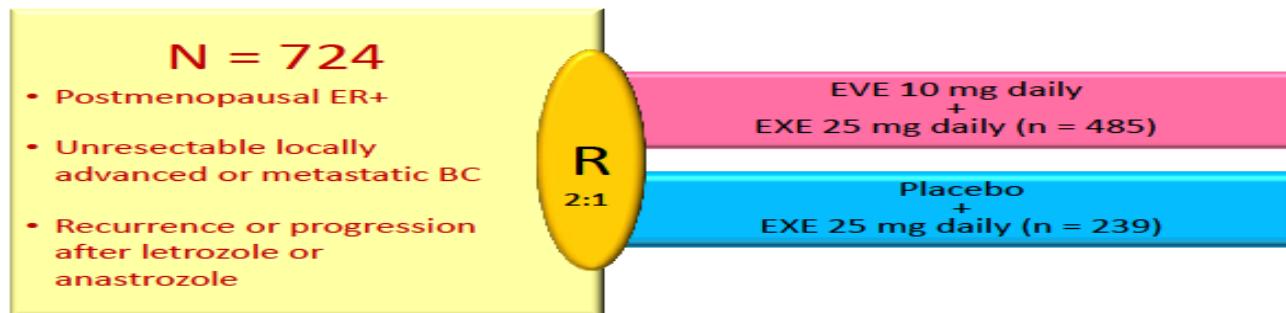


- Postmenopausal women
- Blocks the estrogen receptor
- Administered intramuscularly once per month
- Side effects: hot flashes, headache, back pain, GI, all generally mild

# Αναστολείς του mTOR



## BOLERO-2: Everolimus σε προχωρημένο Σα μαστού



Stratification: Sensitivity to prior hormone therapy and presence of visceral metastases

### Endpoints

- **Primary:** PFS (local assessment)
- **Secondary:** OS, ORR, QOL, safety, bone markers, PK

BC = breast cancer; ER+ = estrogen receptor-positive; EVE = everolimus; EXE = exemestane; ORR, overall response rate; OS = overall survival; PFS = progression-free survival; PK = pharmacokinetics; QOL = quality of life.

1

Gynecologic Oncology 127 (2012) 662–672

Contents lists available at SciVerse ScienceDirect

Gynecologic Oncology

journal homepage: [www.elsevier.com/locate/ygyno](http://www.elsevier.com/locate/ygyno)



Review

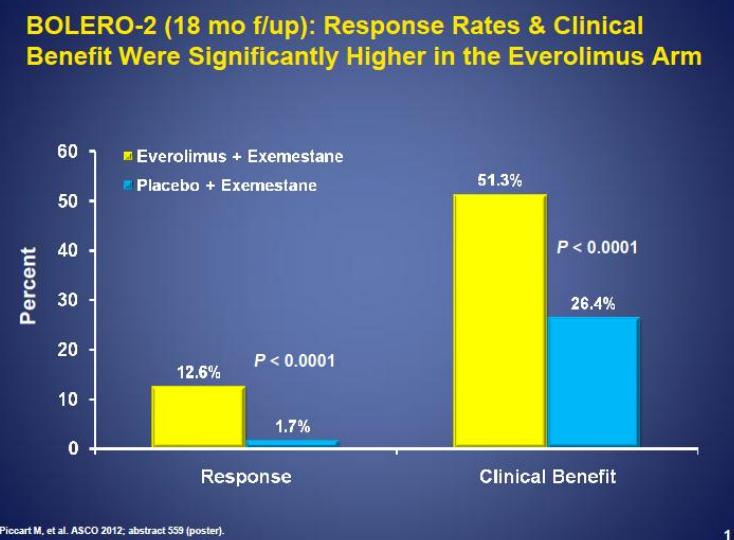
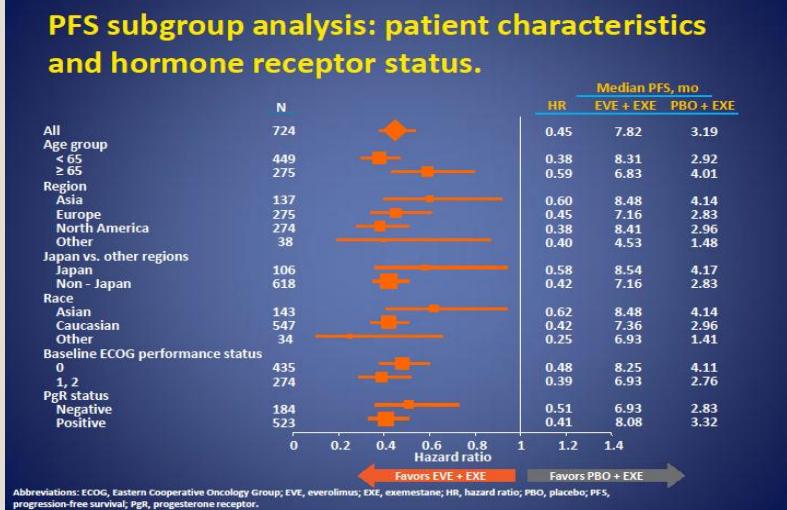
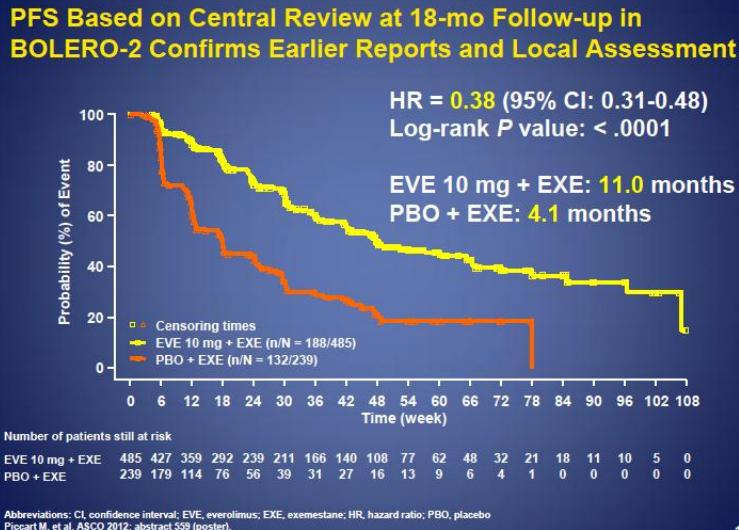
### mTOR inhibitors in breast cancer: A systematic review

Flora Zagouri <sup>a,\*</sup>, Theodoros N. Sergentanis <sup>b</sup>, Dimosthenis Chrysikos <sup>b</sup>, Martin Filipits <sup>a</sup>, Rupert Bartsch <sup>a</sup>

<sup>a</sup> Comprehensive Cancer Center Vienna, Department of Medicine I/Division of Oncology, Medical University of Vienna, Austria

<sup>b</sup> 1st Propaedeutic Surgical Dept, Hippocrateion Hospital, University of Athens, Athens, Greece

# Αποτελεσματικότητα BOLERO-2



**BOLERO-2 (18 mo f/up): Overall Survival Was Numerically Better With Everolimus**

	PFS Interim <sup>1</sup> (7 mo follow-up)	PFS Update <sup>2</sup> (12 mo follow-up)	PFS Final <sup>3</sup> (18 mo update)
Cut-off Date	11-Feb-2011	8-Jul-2011	15-Dec-2011
OS events (EVE vs PBO%)	83 (10.6 vs 13.0%)	137 (17.3 vs 22.7%)	200 (25.4 vs 32.2%)
Δ OS events	2.4%	5.4%	6.8%

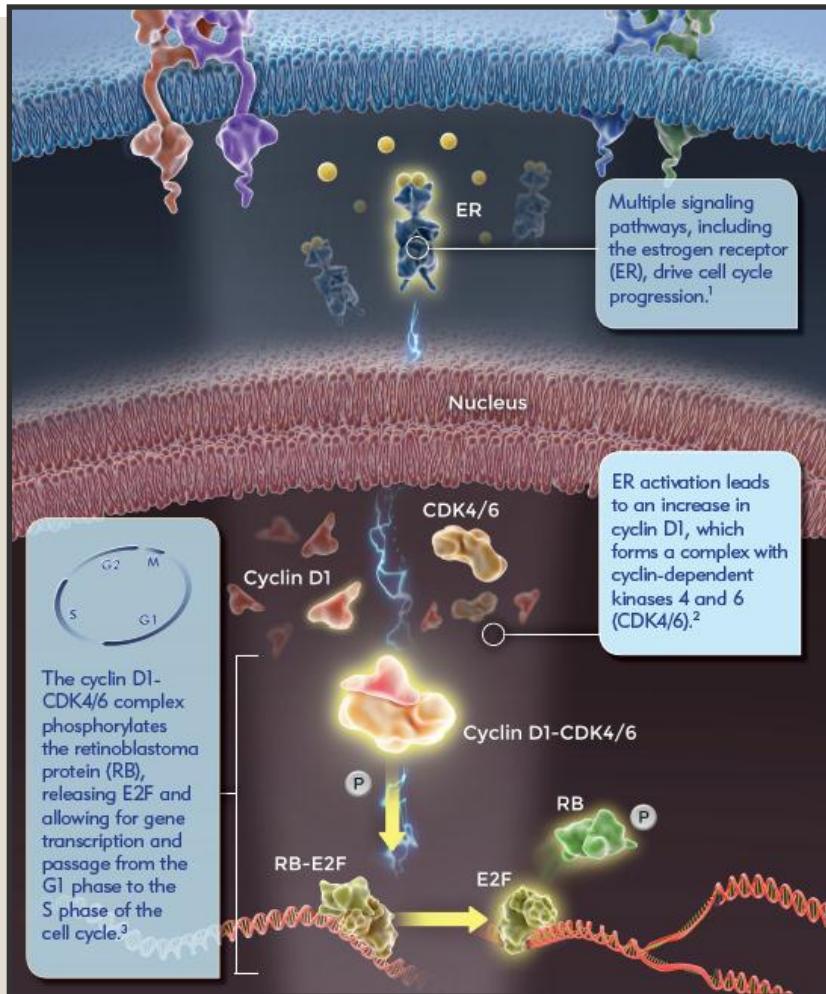
Abbreviations: EVE, everolimus; mo, month; OS, overall survival; PBO, placebo; PFS, progression-free survival; vs, versus.

Baselga J, et al. *J Natl Cancer Inst*. 2012;104(16):120-129.  
Hortobagyi G, et al. SABCS 2011; abstract S3-7 (oral).  
Piccart M, et al. ASCO 2012; abstract 559 (poster).

35

# Synergistic Potential of Dual Inhibition in HR+ BC

CDKs: LY2835219, LEE011, palbociclib

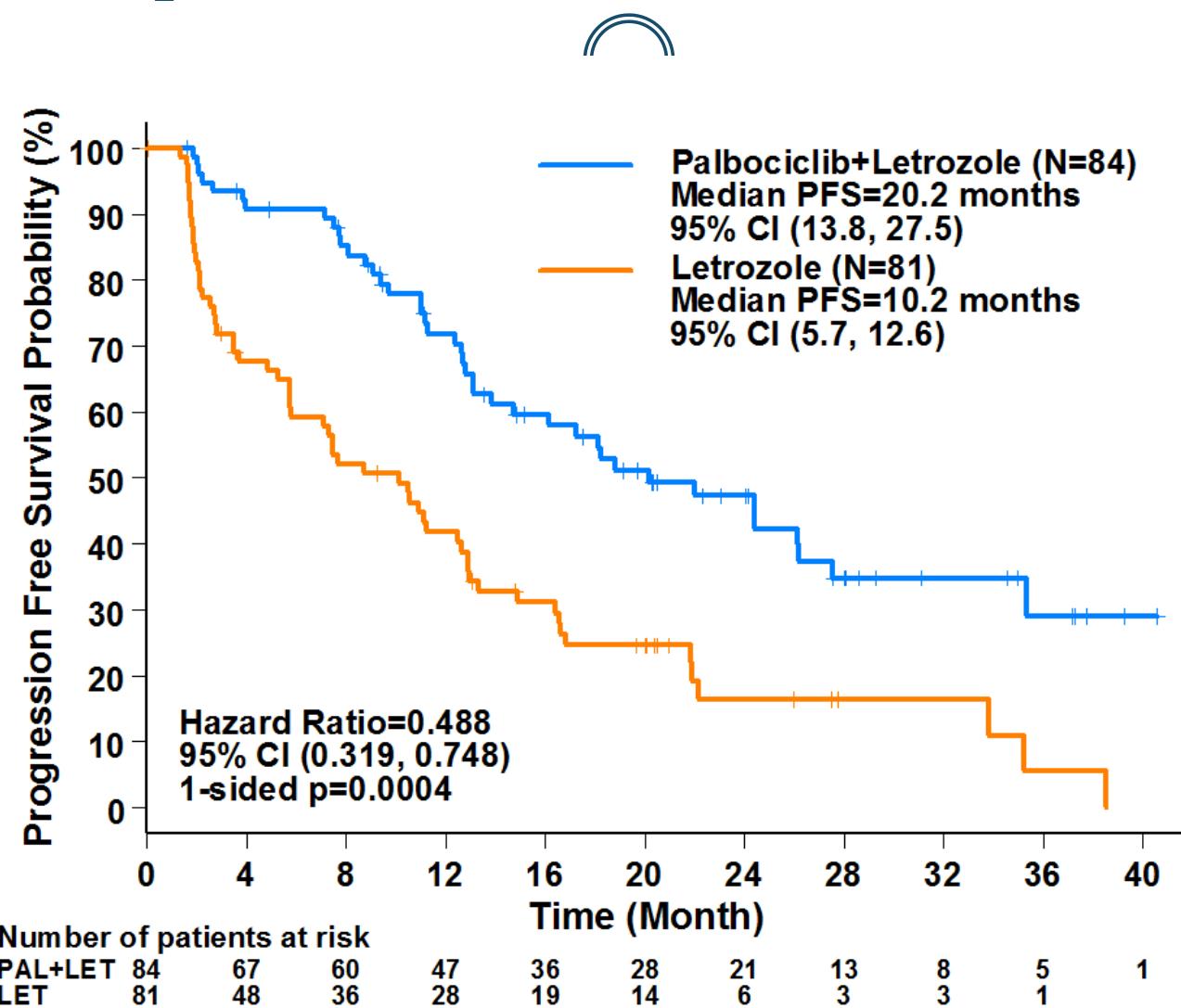


In ER+ breast cancer, estrogen signaling increases the activity of the cyclinD1-CDK4/6-RB pathway, resulting in a loss of proliferative control<sup>4,6</sup>

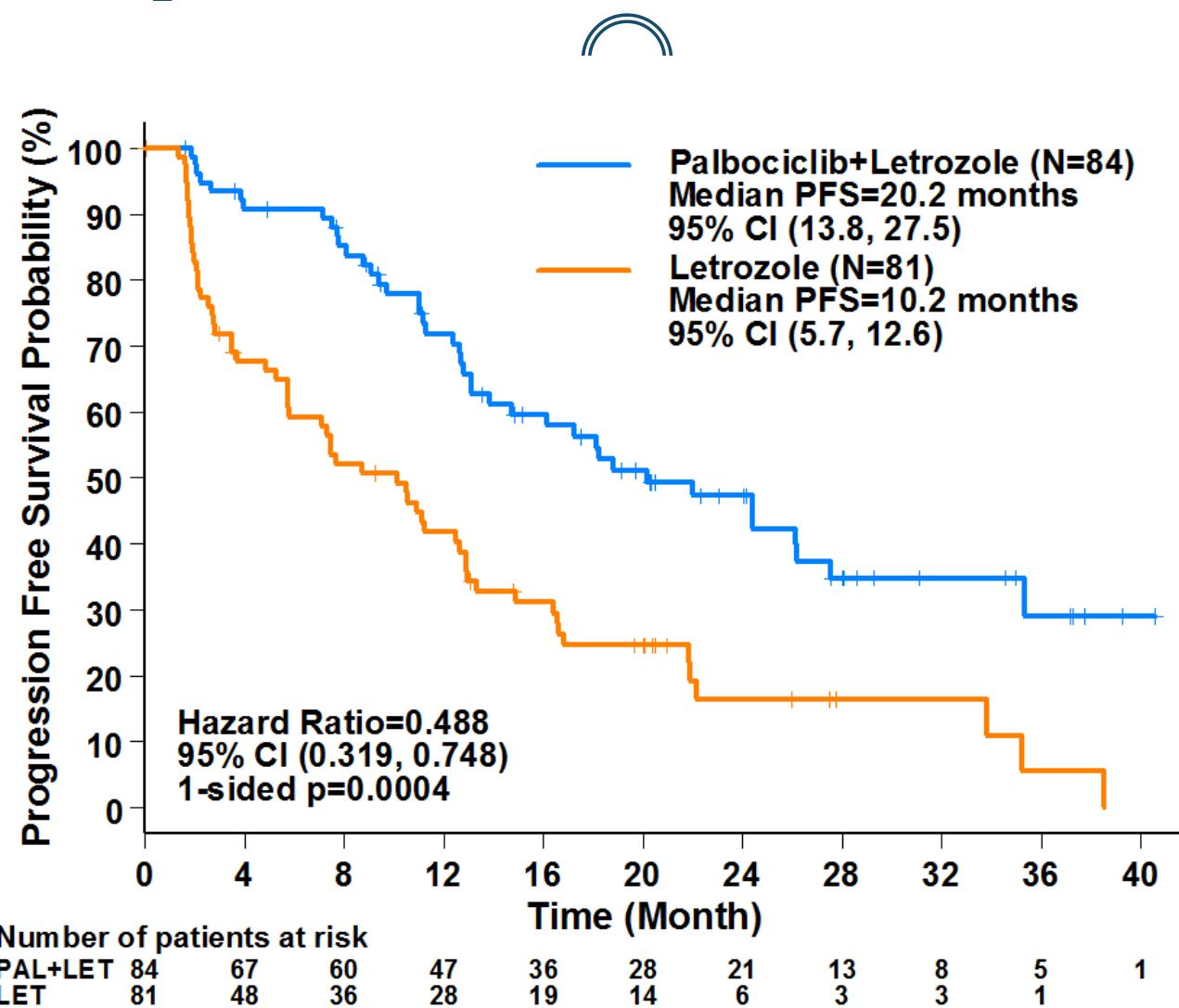
In preclinical models, the dual inhibition of CDK4/6 and ER has been found to be synergistic<sup>6</sup>

Ref:1. Lukas J, Bartkova J, Bartek J. *Mol Cell Biol*. 1996;16(12):6917-6925; 2. Prall OWJ, Saroevic B, Musgrove EA, Watts CK, Sutherland RL. *J Biol Chem*. 1997;272(16):10882-10894; 3. Ji J-Y, Dyson NJ. In: Enders GH, ed. *Cell Cycle Deregulation in Cancer*. New York, NY: Humana Press; 2010:23-42; 4. Rocca A, Farolfi A, Bravoccini S, Schirone A, Amadori D. *Expert Opin Pharmacother*. 2014;15(3):407-420. 5. Weinberg RA. In: *The Biology of Cancer*. 2<sup>nd</sup> ed. New York, NY: Garland Science; 2013; 6. Finn RS, Dering J, Conklin D, et al. *Breast Cancer Res*. 2009;11:R77. doi:10.1186/bcr2419

# Palbociclib Plus Letrozole Demonstrated Significant PFS Improvement in Advanced Breast Cancer



# Palbociclib Plus Letrozole Demonstrated Significant PFS Improvement in Advanced Breast Cancer



# Palbociclib

## Palbociclib in HR+/HER2– BC: Phase 3 Studies

	Metastatic breast cancer			Post-neoadjuvant
Study	1008 (PALOMA-2)	1023 (PALOMA-3)	PEARL	PENELOPE
Setting	Endocrine sensitive	Endocrine resistant	Endocrine resistant	High risk
Menopausal status	Post-menopausal	Pre-menopausal + post-menopausal	Post-menopausal	Pre-menopausal + post-menopausal
No. patients	450	417	348	800
Treatment arms	Palbociclib + letrozole vs. placebo + letrozole	Palbociclib + fulvestrant vs. placebo + fulvestrant	Palbociclib + exemestane vs. capecitabine	Palbociclib vs. placebo
Primary endpoint	PFS	PFS	PFS	iDFS

FFPV, first patient first visit; iDFS, invasive disease-free survival; PFS, progression-free survival

# HER2+ voo

Review

## Pertuzumab in Breast Cancer: A Systematic Review

Flora Zagouri,<sup>1,2</sup> Theodoros N. Sergentanis,<sup>3</sup> Dimosthenis Chrysikos,<sup>3</sup>  
Constantine G. Zografos,<sup>3</sup> Martin Filipits,<sup>1</sup> Rupert Bartsch,<sup>1</sup>  
Meletios-Athanassios Dimopoulos,<sup>2</sup> Theodora Psaltopoulou<sup>4</sup>

J Clin Oncol. 2013 Mar 20;31(9):1157-63. doi: 10.1200/JCO.2012.44.9694. Epub 2013 Feb 4.

**Phase II randomized study of trastuzumab emtansine versus trastuzumab plus docetaxel in patients with human epidermal growth factor receptor 2-positive metastatic breast cancer.**

Hurvitz SA, Dirix L, Kocsis J, Bianchi GV, Lu J, Vinholes J, Guardino E, Song C, Tong B, Ng V, Chu YW, Perez EA.

### Source

University of California, Los Angeles Jonsson Comprehensive Cancer Center and Translational Oncology Research International, Los Angeles, CA, USA.

# The Oncologist® New Drug Development and Clinical Pharmacology

## Lapatinib for Advanced or Metastatic Breast Cancer

FRANS L. OPDAM,<sup>a,b</sup> HENK-JAN GUCHELAAR,<sup>b</sup> JOS H. BEIJNEN,<sup>c,d</sup> JAN H.M. SCHELLENS<sup>a,d</sup>

<sup>a</sup>Department of Clinical Pharmacology, The Netherlands Cancer Institute, Amsterdam, The Netherlands;

<sup>b</sup>Department of Clinical Pharmacy and Toxicology, Leiden University Medical Hospital, Leiden, The Netherlands; <sup>c</sup>Department of Pharmacy and Toxicology, Slotervaart Hospital, Amsterdam, The Netherlands;

<sup>d</sup>Utrecht University, Faculty of Science, Department of Pharmaceutical Sciences, Section of Biomedical Analysis, Division of Drug Toxicology & Pharmaco-epidemiology and Clinical Pharmacology,

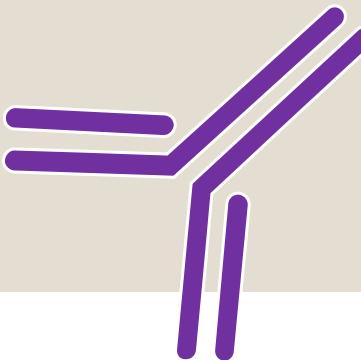
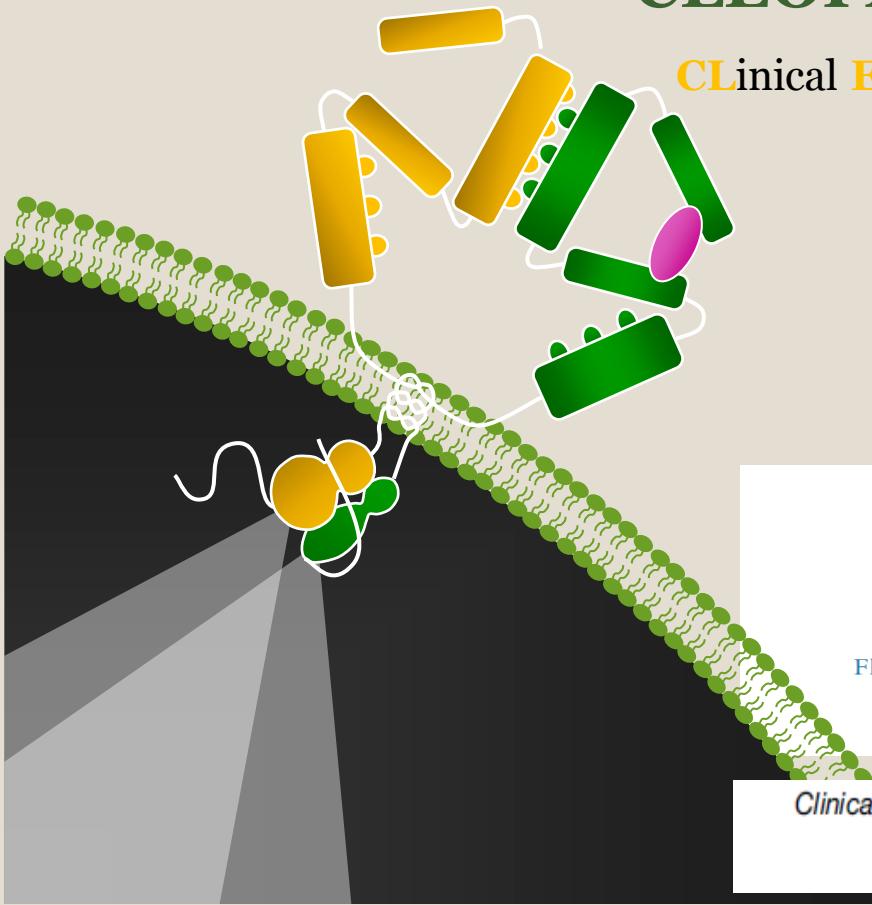
Utrecht, The Netherlands

# Pertuzumab



- CLEOPATRA: A landmark trial

CLinical Evaluation Of Pertuzumab And TRAstuzumab



Review

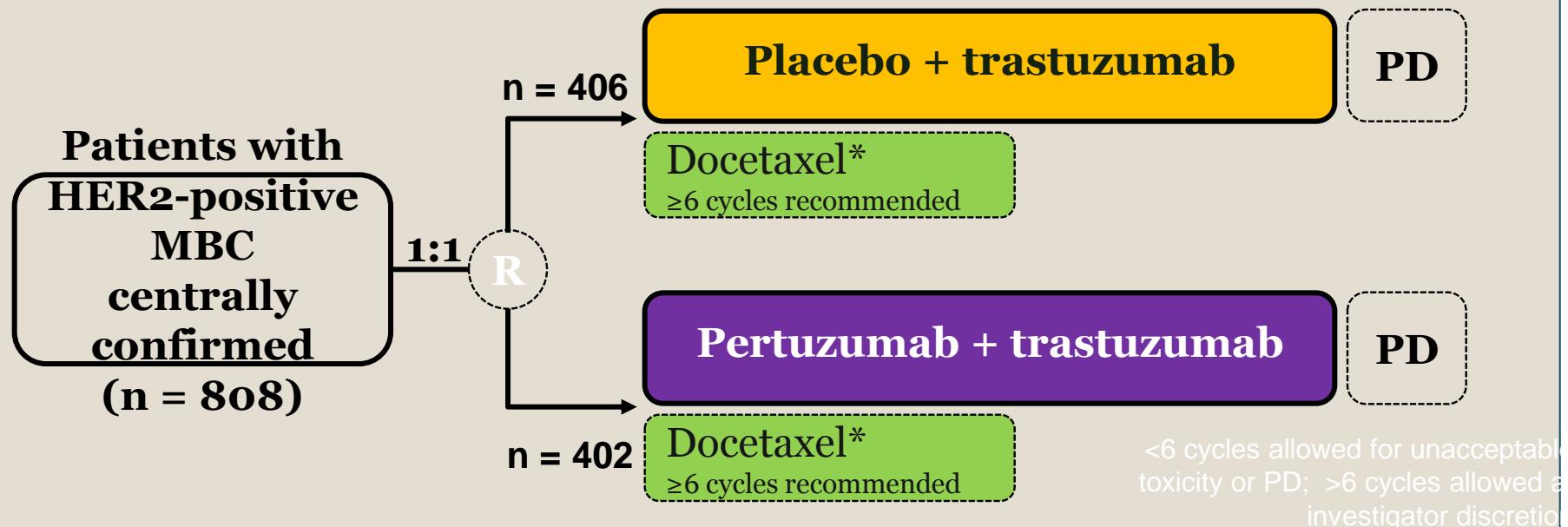
## Pertuzumab in Breast Cancer: A Systematic Review

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Clinical Breast Cancer, Vol. 13, No. 5, 315-24 © 2013 Elsevier Inc. All rights reserved.

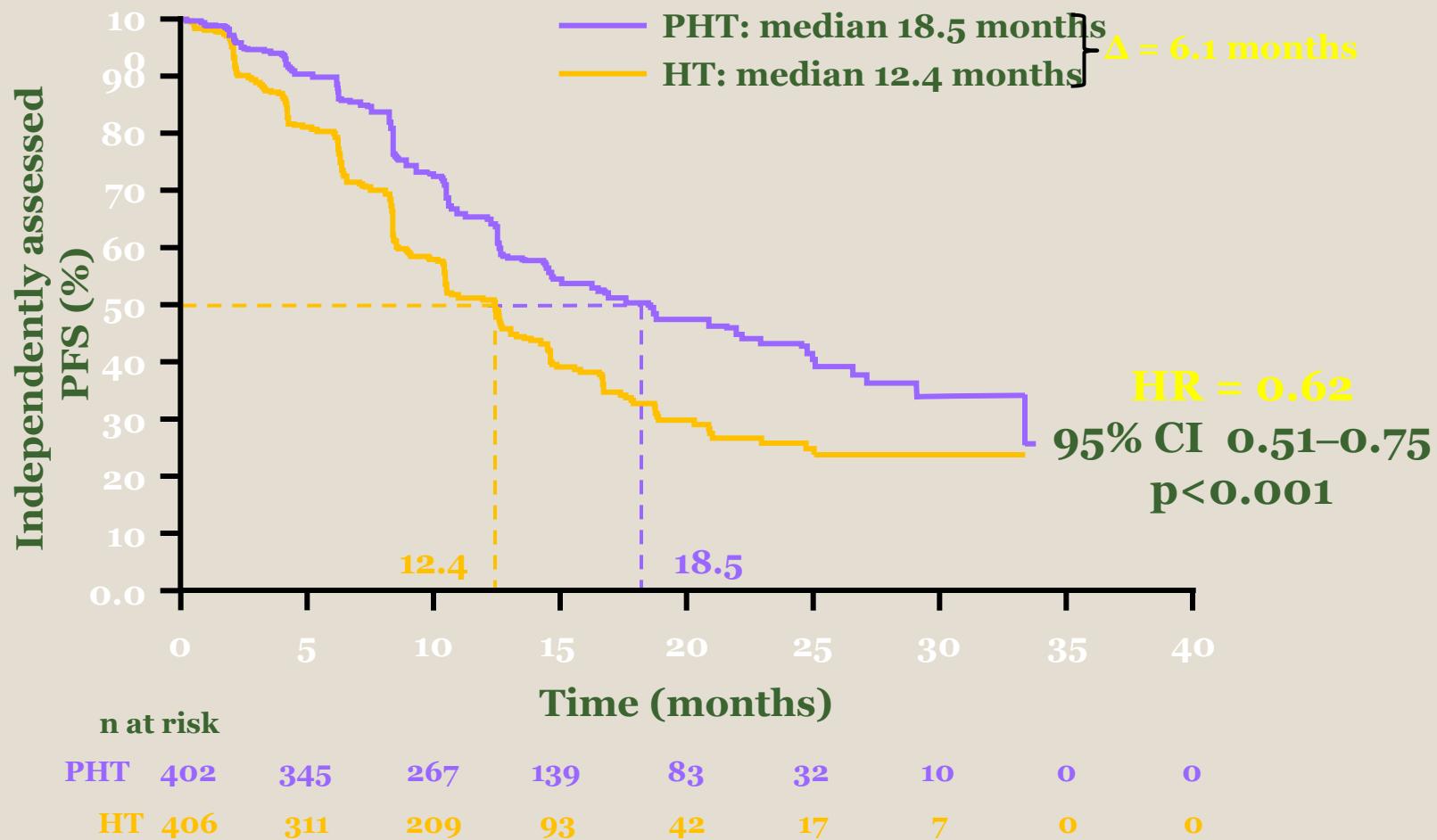
Keywords: Breast cancer, Perjeta, Pertuzumab, Systematic review

# CLEOPATRA: Phase III trial of trastuzumab plus docetaxel with or without pertuzumab



- Randomisation was stratified by geographic region and prior treatment status (neo/adjuvant chemotherapy received or not)
- Study dosing q3w:
  - Pertuzumab/placebo: 840 mg loading dose, 420 mg maintenance
  - Trastuzumab: 8 mg/kg loading dose, 6 mg/kg maintenance
  - Docetaxel: 75 mg/m<sup>2</sup>, escalating to 100 mg/m<sup>2</sup> if tolerated

# CLEOPATRA: significantly prolonged PFS with pertuzumab and trastuzumab



P, pertuzumab; H, trastuzumab; T, docetaxel.

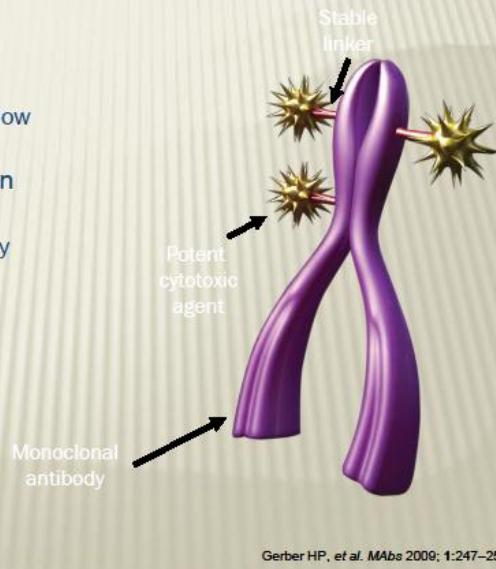
PFS, progression-free survival; HR, hazard ratio.

Baselga et al. *N Engl J Med* 2012;366(2):109-119

# T-DMI1

## ANTIBODY-DRUG CONJUGATES (ADCS)

- \* ADCs are designed to target cancer cells while minimising effects on normal tissue
  - + Improving the therapeutic window of the cytotoxic component
- \* An ADC is a unique combination of:
  - + A targeted monoclonal antibody (mAb)
  - + A stable linker
  - + A potent cytotoxic agent



## DM1: A POTENT CYTOTOXIC AGENT

- \* DM1 is a maytansinoid, one of several derivatives of the anti-mitotic drug maytansine<sup>1</sup>
- \* Maytansinoids are:
  - + 24- to 270-fold more potent than paclitaxel<sup>1</sup>
  - + 2 to 3 orders of magnitude more potent than doxorubicin<sup>1</sup>
- \* DM1 inhibits microtubule assembly, leading to apoptosis<sup>1,2</sup>
  - + Binds directly to microtubules to inhibit polymerisation, causing cell cycle arrest and cell death<sup>2</sup>



DM = derivative of maytansine

1. Junttila TT, et al. *Breast Cancer Res Treat* 2011; **128**:347–356; 2. Barok M, et al. *Cancer Lett* 2011; **306**:171–179.

# EMILIA



The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Trastuzumab Emtansine for HER2-Positive Advanced Breast Cancer

Sunil Verma, M.D., David Miles, M.D., Luca Gianni, M.D., Ian E. Krop, M.D., Ph.D.,  
Manfred Welslau, M.D., José Baselga, M.D., Ph.D., Mark Pegram, M.D.,  
Do-Youn Oh, M.D., Ph.D., Véronique Diéras, M.D., Ellie Guardino, M.D., Ph.D.,  
Liang Fang, Ph.D., Michael W. Lu, Pharm.D., Steven Olsen, M.D., Ph.D.,  
and Kim Blackwell, M.D., for the EMILIA Study Group

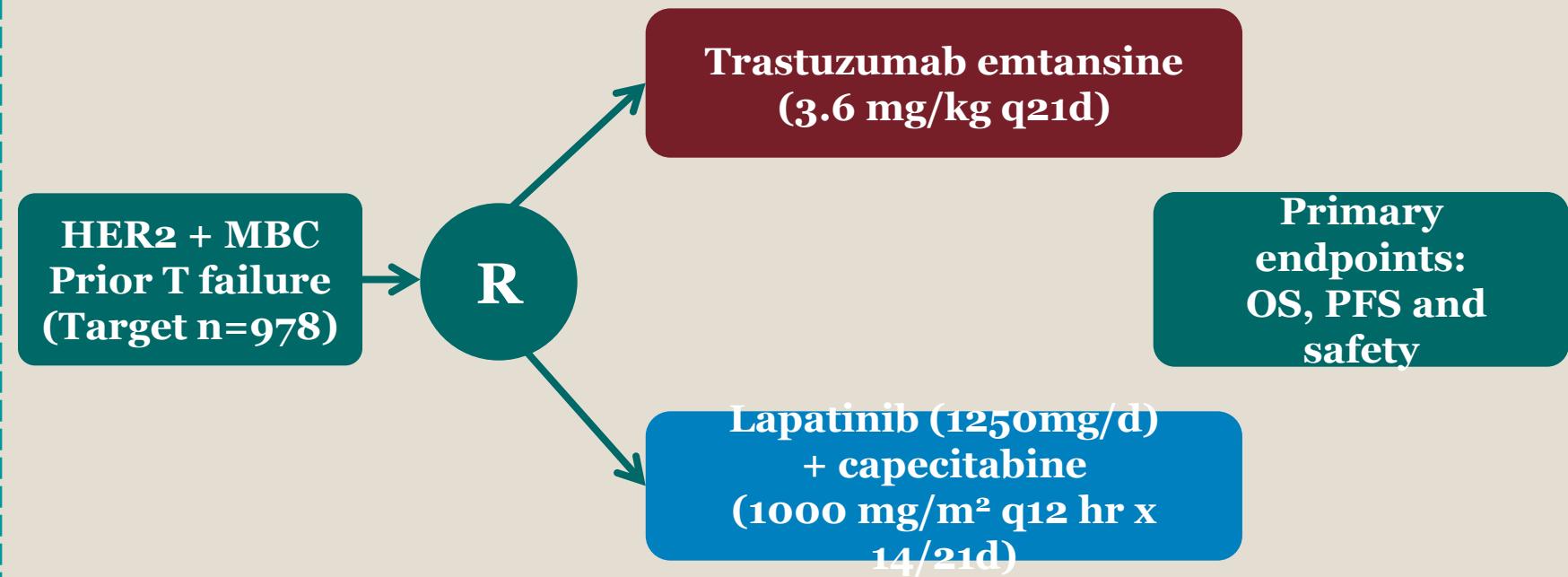
# EMILIA – Trastuzumab emtansine vs lapatinib + capecitabine in patients progressing after trastuzumab: Study design

## Entry criteria

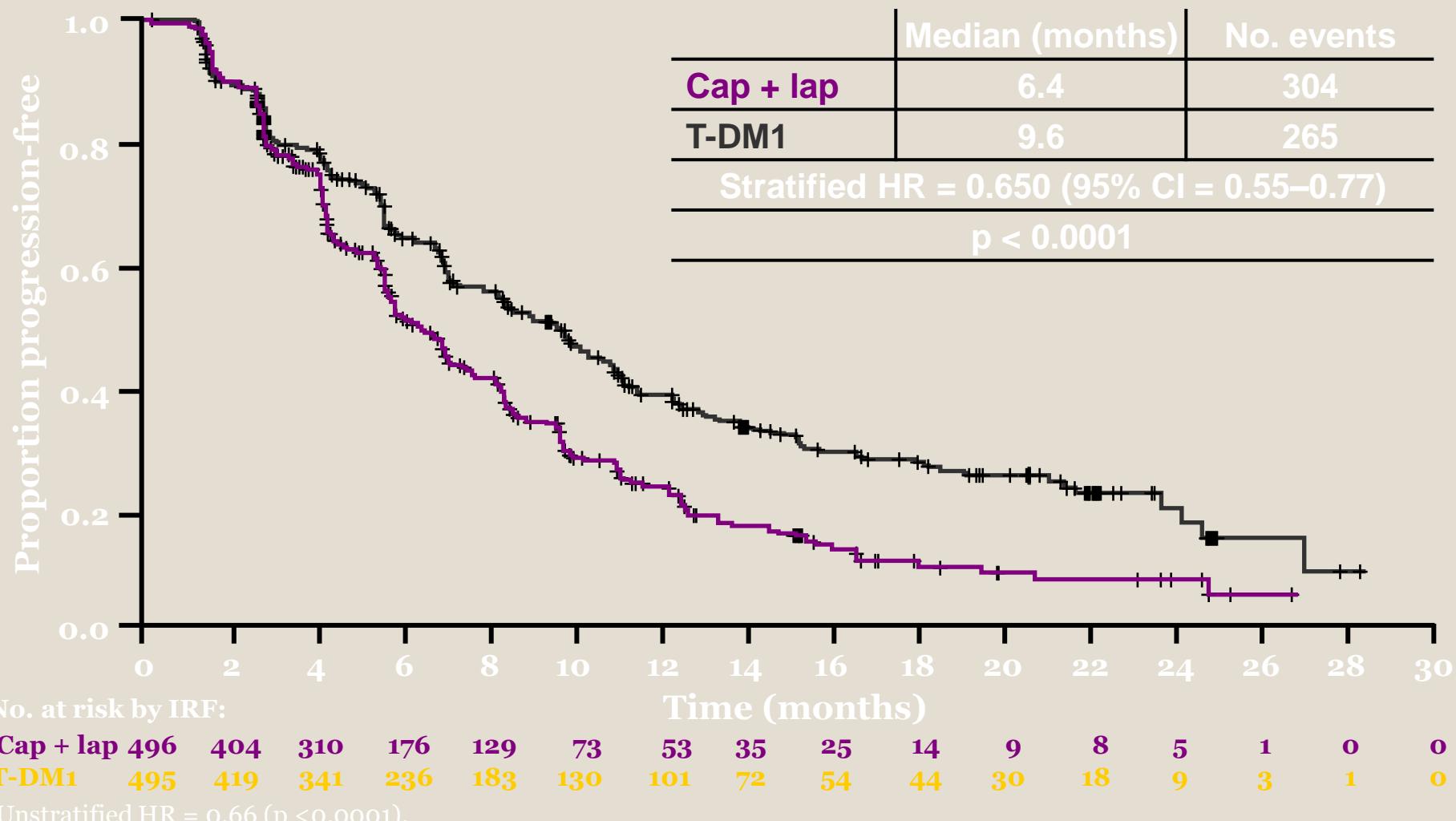
- Centrally confirmed HER2+ locally advanced or metastatic, progressive breast cancer
- Prior taxane and trastuzumab
- ECOG PS 0–1

## Secondary endpoints

- ORR and clinical benefit, duration of response
- Time to symptom progression



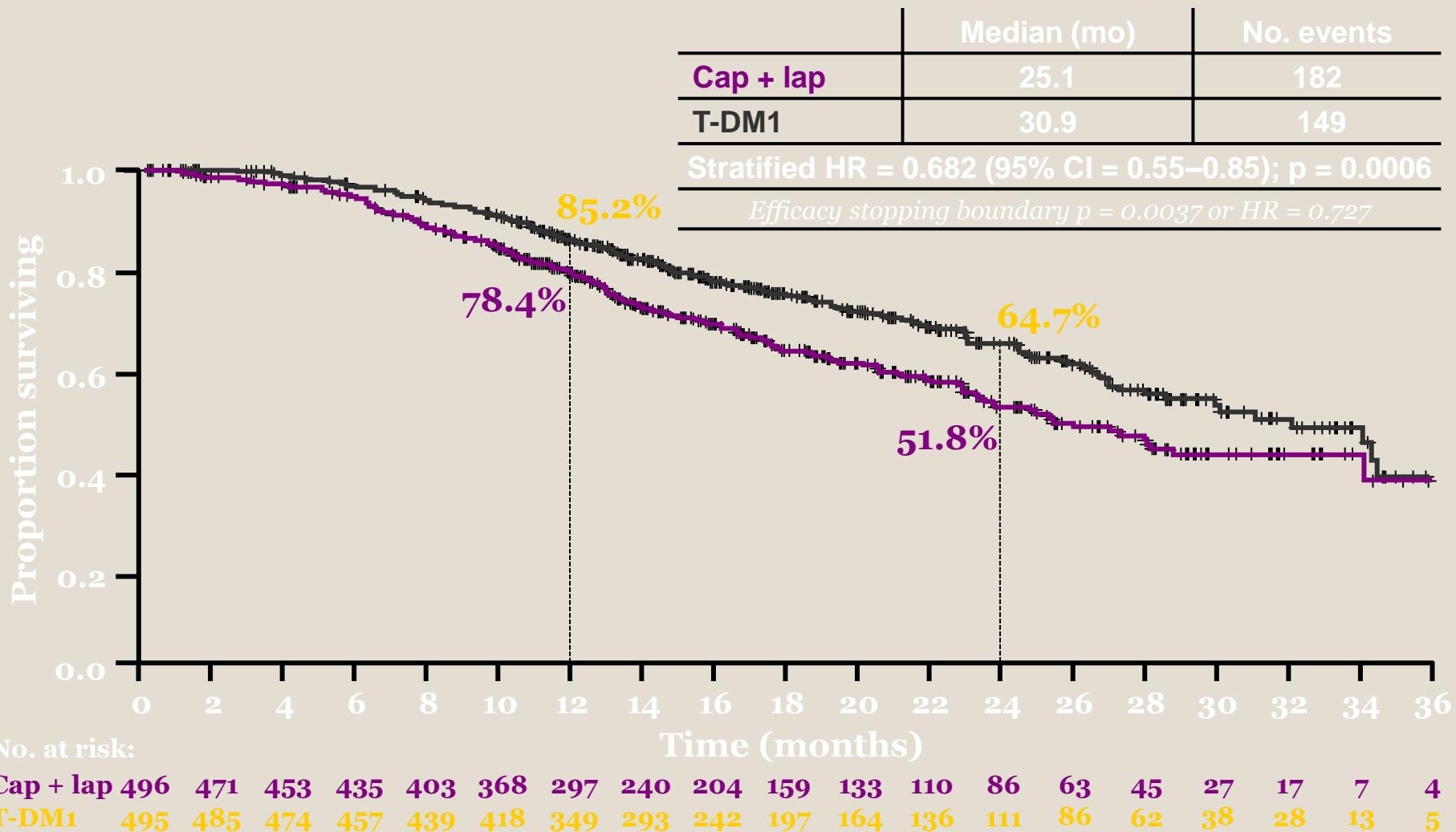
# EMILIA: PFS survival by IRF



CI, confidence interval; HR, hazard ratio; IRF, independent review facility;  
PFS, progression-free survival.

Verma S, et al. *N Engl J Med* 2012; **367**:1783–1791  
(supplementary material available with the publication online); Blackwell KL, et al. ASCO  
2012 (Abstract LBA1; oral presentation).

# EMILIA: Overall survival (confirmatory analysis)



Data cut-off July 31, 2012; Unstratified HR = 0.70 ( $p = 0.0012$ ).

CI, confidence interval; HR, hazard ratio.

Verma S, et al. *N Engl J Med* 2012; **367**:1783–1791  
(supplementary material available with the publication online); Verma S, et al. ESMO 2012 (Abstract LBA12; oral presentation).

# Triple negative



- ✓ “Οχι στοχευμένη θεραπεία
- ✓ Bevacizumab
- ✓ ↓ OS
- ✓ Μονοθεραπεία
- ✓ carboplatin?

# Συχνότερα ΧΜΘ σχήματα στη μεταστατική νόσο

## PREFERRED CHEMOTHERAPY REGIMENS FOR RECURRENT OR METASTATIC BREAST CANCER

### PREFERRED CHEMOTHERAPY COMBINATIONS

- CAF chemotherapy<sup>1</sup>
- Cyclophosphamide 100 mg/m<sup>2</sup> PO days 1-4
- Doxorubicin 30 mg/m<sup>2</sup> IV days 1 & 8
- 5-Fluorouracil 500 mg/m<sup>2</sup> IV days 1 & 8
- Cycled every 28 days.

### FAC chemotherapy<sup>2</sup>

- 5-Fluorouracil 500 mg/m<sup>2</sup> IV days 1 & 8 or days 1 & 4
- Doxorubicin 50 mg/m<sup>2</sup> IV day 1
- Cyclophosphamide 500 mg/m<sup>2</sup> IV day 1
- Cycled every 21 days.

### FEC chemotherapy<sup>3</sup>

- Cyclophosphamide 400 mg/m<sup>2</sup> IV days 1 & 8
- Epirubicin 50 mg/m<sup>2</sup> IV days 1 & 8
- 5-Fluorouracil 500 mg/m<sup>2</sup> IV days 1 & 8
- Cycled every 28 days.

### AC chemotherapy<sup>4</sup>

- Doxorubicin 60 mg/m<sup>2</sup> IV day 1
- Cyclophosphamide 600 mg/m<sup>2</sup> IV day 1
- Cycled every 21 days.

### EC chemotherapy<sup>5</sup>

- Epirubicin 75 mg/m<sup>2</sup> IV day 1
- Cyclophosphamide 600 mg/m<sup>2</sup> IV day 1
- Cycled every 21 days

### AT chemotherapy<sup>6</sup>

- Doxorubicin 60 mg/m<sup>2</sup> IV day 1
- Paclitaxel 125-200 mg/m<sup>2</sup> IV day 1
- Cycled every 21 days

### AT chemotherapy<sup>7</sup>

- Doxorubicin 50 mg/m<sup>2</sup> IV day 1
- Docetaxel 75 mg/m<sup>2</sup> IV day 1
- Cycled every 21 days

### CMF chemotherapy<sup>8</sup>

- Cyclophosphamide 100 mg/m<sup>2</sup> PO days 1-14
- Methotrexate 40 mg/m<sup>2</sup> IV days 1 & 8
- 5-Fluorouracil 600 mg/m<sup>2</sup> IV days 1 & 8
- Cycled every 28 days.

### Docetaxel/capecitabine chemotherapy<sup>9</sup>

- Docetaxel 75 mg/m<sup>2</sup> IV day 1
- Capecitabine 950 mg/m<sup>2</sup> PO twice daily days 1-14
- Cycled every 21 days.

### GT chemotherapy<sup>10</sup>

- Paclitaxel 175 mg/m<sup>2</sup> IV day 1
- Gemcitabine 1250 mg/m<sup>2</sup> IV days 1 & 8 (following paclitaxel on day 1)
- Cycled every 21 days.

### OTHER COMBINATIONS

- Ixabepilone/capecitabine (category 2B)
- Ixabepilone 40 mg/m<sup>2</sup> IV day 1
- Capecitabine 2000 mg/m<sup>2</sup> PO days 1-14
- Cycled every 21 days.

## PREFERRED CHEMOTHERAPY REGIMENS FOR RECURRENT OR METASTATIC BREAST CANCER

### PREFERRED SINGLE AGENTS

#### Anthracyclines:

- Doxorubicin 60-75 mg/m<sup>2</sup> IV day 1<sup>11</sup>
- Cycled every 21 days

OR

- Doxorubicin 20 mg/m<sup>2</sup> IV weekly<sup>12</sup>

#### Epirubicin 60-90 mg/m<sup>2</sup> IV day 1<sup>13</sup>

Cycled every 21 days.

#### Pegylated liposomal encapsulated doxorubicin 50 mg/m<sup>2</sup> IV day 1<sup>14</sup>

Cycled every 28 days.

#### Taxanes:

- Paclitaxel 175 mg/m<sup>2</sup> IV day 1<sup>15</sup>
- Cycled every 21 days.

OR

- Paclitaxel 80 mg/m<sup>2</sup> IV weekly<sup>16</sup>

#### Docetaxel 60-100 mg/m<sup>2</sup> IV day 1<sup>17,18</sup>

Cycled every 21 days.

OR

- Docetaxel 40 mg/m<sup>2</sup> IV weekly for 6 wks followed by a 2 week rest, then repeat<sup>19</sup>

#### Albumin-bound paclitaxel 100 mg/m<sup>2</sup> or 150 mg/m<sup>2</sup> days 1, 8, and 15 IV<sup>20,21</sup>

Cycled every 28 days.

#### Albumin-bound paclitaxel 260 mg/m<sup>2</sup> IV<sup>20</sup>

Cycled every 21 days.

#### Anti-metabolites:

- Capecitabine 1000-1250 mg/m<sup>2</sup> PO twice daily days 1-14<sup>22</sup>
- Cycled every 21 days.

#### Gemcitabine 800-1200 mg/m<sup>2</sup> IV days 1, 8 & 15<sup>23</sup>

Cycled every 28 days.

#### Other microtubule inhibitors:

- Vinorelbine 25 mg/m<sup>2</sup> IV weekly<sup>24</sup>
- Erlotinib 1.4 mg/m<sup>2</sup> IV days 1, 8
- Cycled every 21 days.

#### OTHER SINGLE AGENTS

- Cyclophosphamide
- Mitoxantrone
- Cisplatin
- Etoposide (PO) (category 2B)
- Vinblastine
- Fluorouracil CI

#### PREFERRED AGENTS WITH BEVACIZUMAB

##### Paclitaxel plus bevacizumab<sup>25</sup>

- Paclitaxel 90 mg/m<sup>2</sup> by 1 h IV days 1, 8 & 15
- Bevacizumab 10 mg/kg IV days 1 & 15
- Cycled every 28 days.

## PREFERRED CHEMOTHERAPY REGIMENS FOR RECURRENT OR METASTATIC BREAST CANCER

### PREFERRED FIRST-LINE AGENTS WITH TRASTUZUMAB FOR HER2-POSITIVE DISEASE

#### COMBINATIONS

##### PCH chemotherapy<sup>26</sup>

- Carboplatin AUC of 6 IV day 1
- Paclitaxel 175 mg/m<sup>2</sup> IV day 1
- Cycled every 21 days.

##### Weekly TCH chemotherapy<sup>27</sup>

- Paclitaxel 80 mg/m<sup>2</sup> IV days 1, 8 & 15
- Carboplatin AUC of 2 IV days 1, 8 & 15
- Cycled every 28 days.

#### SINGLE AGENTS

##### Paclitaxel 175 mg/m<sup>2</sup> IV day 1<sup>28</sup>

Cycled every 21 days.

OR

##### Paclitaxel 80-90 mg/m<sup>2</sup> IV weekly<sup>29</sup>

- Docetaxel 80 to 100 mg/m<sup>2</sup> IV day 1<sup>30</sup>

Cycled every 21 days.

OR

##### Docetaxel 35 mg/m<sup>2</sup> IV infusion weekly<sup>31</sup>

- Vinorelbine 25 mg/m<sup>2</sup> IV weekly<sup>32</sup>

##### Capecitabine 1000-1250 mg/m<sup>2</sup> PO twice daily days 1-14<sup>33</sup>

Cycled every 21 days.

#### TRASTUZUMAB COMPONENT

##### Trastuzumab 4 mg/kg IV day 1

Followed by  
2 mg/kg IV weekly<sup>28,37</sup>

OR

##### Trastuzumab 8 mg/kg IV day 1

Followed by  
6 mg/kg IV every 3 wks<sup>38</sup>

### PREFERRED AGENTS FOR TRASTUZUMAB-EXPOSED HER2-POSITIVE DISEASE

#### Capecitabine plus lapatinib<sup>34</sup>

- Capecitabine 1000 mg/m<sup>2</sup> PO twice daily Days 1 - 14
- Lapatinib 1250 mg PO daily Days 1-21
- Cycled every 21 days

#### Trastuzumab + other first-line agents

#### Trastuzumab + capecitabine<sup>35</sup>

#### Trastuzumab + lapatinib<sup>36</sup>

#### TRASTUZUMAB COMPONENT

##### Trastuzumab 4 mg/kg IV day 1

Followed by  
2 mg/kg IV weekly<sup>28,37</sup>

OR

##### Trastuzumab 8 mg/kg IV day 1

Followed by  
6 mg/kg IV every 3 wks<sup>38</sup>

# Το μέλλον της θεραπείας



- ✓ Εξατομίκευση
- ✓ Χορήγηση κατάλληλης θεραπείας στον κατάλληλο ασθενή
- ✓ Οχι τοξικότητα
- ✓ Βέλτιστη αποτελεσματικότητα

**✓ ΕΝΘΑΡΡΥΝΣΗ ΑΣΘΕΝΩΝ ΝΑ  
ΣΥΜΜΕΤΕΧΟΥΝ ΣΕ ΚΛΙΝΙΚΕΣ ΜΕΛΕΤΕΣ**



Ευχαριστώ για την προσοχή σας...